Coaches:

Niskayuna High School
(B) V Outdoor Track

Jason DeRocco

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 2, 2022	Sat	Regular Season (NY/PA Invitational at Windsor HS)	@ TBD	10:00 AM		TBD		Departure Point: HS Departure Time: 6:30 AM	L
Apr 5, 2022	Tue	Regular Season	@ Ballston Spa High School	4:15 PM	6:55 PM	Ballston Spa Track	Class Dismissal: 2:45 PM	Departure Point: 1 Bus p/u VA, 1 bus p/u Iroq, both come to HS Departure Time: 2:55 PM	L
Apr 12, 2022	Tue	Regular Season	@ Bethlehem High School	4:15 PM	6:55 PM	High School Track	Class Dismissal: 2:45 PM	Departure Point: 1 Bus p/u VA, 1 bus p/u Iroq, both come to HS Departure Time: 2:55 PM	L
Apr 22, 2022	Fri	Regular Season	New Rochelle	3:00 PM		NHS Track			NL
Apr 22, 2022	Fri	Regular Season (Nisky Relays @ Mohon)	Schenectady High School (Boys Varsity Track), Colonie High School, Ballston Spa High School, Shaker High School	4:15 PM		Mohonasen High School			NL
Apr 23, 2022	Sat	Regular Season (Warrior Track Classic)	Amsterdam, Ballston Spa High School, Guilderland High School, Colonie High School, Shaker High School	9:15 AM	4:00 PM	Mohonasen High School			L
Apr 23, 2022	Sat	Regular Season	New Rochelle	9:30 AM		NHS Track			NL
Apr 26, 2022	Tue	Regular Season	Saratoga Springs High School @ Christian Brothers Academy, Albany	4:15 PM	6:55 PM	Puleo Stadium Field	Class Dismissal: 2:45 PM	Departure Point: 1 Bus p/u VA, 1 bus p/u Iroq, both come to HS Departure Time: 2:55 PM	L
Apr 29, 2022	Fri	Regular Season (University of Penn)	@ TBD	TBD		TBD	Class Dismissal: 8:00 AM	Departure Point: HS/Small Bus Departure Date: Apr 29, 2022 Departure Time: 8:00 AM	NL
Apr 30, 2022	Sat	Meet (Chittenango Invitational)	Vs. Multiple	1:00 PM	5:30 PM	Chittenango HS- Stadium		Departure Point: HS/Charter Bus Departure Time: 10:00 AM	NL

DATE	WEEK DAY	⁽ ТҮРЕ	OPPONENTS	START TIME	F END TIME	LOCATION	DEPARTURE	E TRANSPORTATION	LEAGUE / NON- LEAGUE
May 3, 2022	Tue	Regular Season	Shaker High School @ Guilderland High School	4:15 PM	6:15 PM	GHS Track	Class Dismissal: 2:55 PM	Departure Point: 1 Bus p/u HS 1 bus p/u Iroq come to HS Departure Time: 2:45 PM	L
May 6, 2022	Fri	Regular Season (Ed Wadas Invitational)	Clinton, Adirondack, Dolgeville, Vernon- Verona- Sherrill, Watertown, New York Mills, Sauquoit Valley, Nottingham, Utica Proctor, Rome Free Academy, Oneida, Remsen, South Lewis, Chittenango, Westmoreland, Homer, Central Valley Academy, West Canada Valley, New Hartford, Herkimer @ Whitesboro	3:30 PM		Ed Wadas Complex High School	Class Dismissal: 12:30 PM	Departure Point: Charter Bus HS Departure Time: 12:40 PM	NL
May 10, 2022	Tue	Regular Season	Shenendehowa High School @ Colonie High School		6:15 PM	Colonie High Track	Class Dismissal: 2:45 PM	Departure Point: 1 Bus p/u VA, 1 Bus p/u Iroq, Both to HS Departure Time: 2:55 PM	L
May 13, 2022	Fri	Regular Season (The Futures at Mononasen)		4:00 PM		Mohonasen High Schoo	i ilemieeai.	Departure Point: VA/HS Departure Time: 2:35 PM	L
May 13, 2022	Fri	Regular Season (SHEN INVY)	Shaker High School, Schenectady High School (Boys Varsity Track), Colonie High School, Bethlehem High School, Ballston Spa High School, Albany High School, Guilderland High School @ Shenendehowa High School	4:00 PM	10:00 PM	Shen High School East Stadium (Track)			L
May 17, 2022	Tue	Meet (Boys SSC Championship Outdoor Track 2022)	Vs. Multiple	4:15 PM	7:00 PM	Track	Class Dismissal: 2:30 PM	Departure Point: HS Departure Time: 2:45 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 19, 2022	Thu	Post-Season (JV Championships)	Albany High School, Averill Park High School, Ballston Spa High School, Bethlehem High School, Burnt Hills-Ballston Lake HS, Christian Brothers Academy, Albany, Colonie High School, Columbia High School, Guilderland High School, Schenectady High School (Boys Varsity Track), Shaker High School (Boys Varsity Track), Shaker High School (Saratoga Springs High School	4:15 PM		Saratoga Springs High School	Class Dismissal: 2:30 PM	Departure Point: Iroq, HS Departure Time: 2:35 PM	NL
May 25, 2022	Wed	Post-Season (Sectionals at Colonie)	@ TBD	3:00 PM		TBD	Class Dismissal: 2:20 PM	Departure Point: Iroq/HS Departure Time: 2:20 PM	L
Jun 2, 2022	Thu	Post-Season (State Qualifiers at Shen)	@ TBD	4:00 PM		TBD			L
Jun 3, 2022	Fri	Post-Season (State Qualifiers at Shen)	@ TBD	4:00 PM		TBD	Class Dismissal: 2:20 PM	Departure Point: VA, HS Departure Time: 2:20 PM	L
Jun 10, 2022	Fri	Post-Season (States at Cicero North Syracuse)	@ TBD	TBD		TBD		Departure Point: HS/Small Bus	L

Date: 2025-12-16