



# Niskayuna High School

## (G) V Lacrosse

### Coaches:

- Alexis Licht

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 23, 2023	Thu	Practice	N/A	4:30 PM		Shaker High School		<b>Departure Point:</b> HS <b>Departure Time:</b> 3:45 PM	
Mar 25, 2023	Sat	Scrimmage (All Day Play Date at Suffern)	@ TBD	TBD		TBD			L
Mar 28, 2023	Tue	Regular Season 10-7 W	Guilderland High School	6:15 PM		Schenectady High School			NL
Mar 30, 2023	Thu	Regular Season 5-13 L	@ Saratoga Springs High School	5:00 PM	6:15 PM	SSHS Turf Field	<b>Class Dismissal:</b> 2:35 PM	<b>Departure Point:</b> HS, VA <b>Departure Time:</b> 2:45 PM	L
Apr 1, 2023	Sat	Regular Season 17-9 W	Kingston	1:00 PM		Schenectady High School			NL
Apr 4, 2023	Tue	Regular Season 6-12 L	Shenendehowa High School	4:15 PM	5:45 PM	Niskayuna High School			L
Apr 6, 2023	Thu	Regular Season 18-4 W	Albany High School	4:15 PM	5:45 PM	Niskayuna High School			L
Apr 11, 2023	Tue	Regular Season 11-17 L	@ Burnt Hills-Ballston Lake HS	6:00 PM		BH-BL HS Centennial Field		<b>Departure Point:</b> HS <b>Departure Time:</b> 4:30 PM	L
Apr 13, 2023	Thu	Regular Season 9-6 W	Columbia High School	4:15 PM		Niskayuna High School			L
Apr 15, 2023	Sat	Regular Season 4-14 L	Warwick Valley	12:00 PM		Schenectady High School Track			NL
Apr 18, 2023	Tue	Regular Season 5-11 L	Shaker High School	4:15 PM	5:45 PM	Niskayuna High School			L
Apr 20, 2023	Thu	Regular Season 12-8 W	@ Guilderland High School	7:15 PM	8:45 PM	Guilderland High School Turf Field		<b>Departure Point:</b> HS <b>Departure Time:</b> 5:45 PM	L
Apr 22, 2023	Sat	Regular Season 9-16 L	North Rockland	12:00 PM		Schenectady High School			NL
Apr 27, 2023	Thu	Regular Season 3-17 L	Bethlehem High School	4:15 PM	5:45 PM	Niskayuna High School			L
May 2, 2023	Tue	Regular Season 4-6 L	Colonie High School	7:00 PM		Schenectady High School			L
May 9, 2023	Tue	Regular Season 13-5 W	@ Averill Park High School	4:15 PM	5:45 PM	APHS Varsity Lacrosse Field	<b>Class Dismissal:</b> 2:20 PM	<b>Departure Point:</b> HS <b>Departure Time:</b> 2:30 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 11, 2023	Thu	Regular Season (Senior Night) 19-1 W	Ballston Spa High School	6:30 PM		Schenectady High School			L
May 16, 2023	Tue	Practice (Practice at Afrims on Watervliet Shaker Road)	N/A	4:00 PM	6:00 PM	TBD		<b>Departure Point:</b> HS <b>Departure Time:</b> 3:30 PM	
May 19, 2023	Fri	Post-Season 11-4 W	Columbia High School	6:15 PM		Schenectady High School			L
May 25, 2023	Thu	Post-Season	@ TBD	7:30 PM		Schuylerville High School		<b>Departure Point:</b> HS <b>Departure Time:</b> 4:45 PM	L

Date: 2025-12-14