Coaches:

• Frank Adamo, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 24, 2023	Mon	Scrimmage	@ Shenendehowa High School (Green)	4:15 PM	5:45 PM	Shen Field 8	Departure Point: VA, Iroq Departure Time: 3:00 PM	L
Apr 27, 2023	Thu	Scrimmage	@ Albany High School	4:15 PM		Albany Turf Stadium Field	Departure Point: VA, Iroq Departure Time: 2:50 PM	L
Apr 28, 2023	Fri	Regular Season	Burnt Hills-Ballston Lake HS (Modified - Maroon)	4:15 PM		Iroquois Middle School		L
May 1, 2023	Mon	Regular Season	@ Columbia High School	4:15 PM		Genet Elementary School	Departure Point: VA, Iroq Departure Time: 2:40 PM	L
May 3, 2023	Wed	Regular Season	@ Shaker High School	4:15 PM		Shaker High School- Front Field	Departure Point: VA, Iroq Departure Time: 2:50 PM	L
May 5, 2023	Fri	Regular Season	Guilderland High School (Modified)	4:15 PM		Niskayuna High School		L
May 8, 2023	Mon	Regular Season	Saratoga Springs High School	4:15 PM		Iroquois Middle School		L
May 15, 2023	Mon	Regular Season	@ Colonie High School	4:15 PM		Sand Creek Middle School	Departure Point: VA, Iroq Departure Time: 3:00 PM	L
May 17, 2023	Wed	Regular Season	Christian Brothers Academy, Albany	4:15 PM	5:45 PM	Iroquois Middle School		L
May 19, 2023	Fri	Regular Season	Bethlehem High School (Orange)	4:15 PM		Iroquois Middle School		L
POSTPONED May 22, 2023	Mon	Regular Season	Troy	4:15 PM		Iroquois Middle School		L
May 24, 2023	Wed	Regular Season	@ Ballston Spa High School	4:15 PM	5:45 PM	Soccer/Lacrosse #4	Departure Point: VA, Iroq Departure Time: 2:50 PM	L
May 25, 2023	Thu	Regular Season	@ Bethlehem High School (Black)	4:15 PM	5:45 PM	High School Field Mod Soccer/Lacrosse	Departure Point: VA, Iroq Departure Time: 2:40 PM	L
May 31, 2023	Wed	Regular Season	Averill Park High School	4:15 PM		Iroquois Middle School		L

Date: 2026-01-03