## Coaches:

• Frank Adamo, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 24, 2024	Wed	Regular Season	@ Burnt Hills- Ballston Lake HS (Modified)	4:15 PM	5:45 PM	O'Rourke MS Lacrosse Field 1	Departure Point: VA, iroq Departure Time: 3:00 PM	L
May 1, 2024	Wed	Regular Season	@ Ballston Spa High School	4:15 PM	5:45 PM	Soccer/Lacrosse #4	Departure Point: VA, iroq Departure Time: 2:50 PM	L
May 8, 2024	Wed	Regular Season	@ Christian Brothers Academy, Albany	4:15 PM	5:45 PM	Varsity Soccer Field	Departure Point: VA , iroq Departure Time: 2:50 PM	L
May 17, 2024	Fri	Regular Season	@ Albany High School	4:15 PM	5:45 PM	Myers Middle School	Departure Point: VA, Iroq Departure Time: 2:45 PM	L
May 20, 2024	Mon	Scrimmage	@ Saratoga Springs High School	4:15 PM	5:45 PM	Maple Ave Middle School - Brower Lane Fields	Departure Point: VA, Iroq Departure Time: 2:30 PM	L
May 29, 2024	Wed	Regular Season	@ Shenendehowa High School (Green)	4:15 PM	5:45 PM	Shen Field 8	Departure Point: VA, Iroq Departure Time: 3:00 PM	L
May 31, 2024	Fri	Regular Season	@ Bethlehem High School (Black)	4:15 PM	5:45 PM	High School Mod Soccer/Lacrosse	Departure Point: VA, Iroq Departure Time: 2:30 PM	L

Date: 2024-06-01