



Niskayuna High School

(B) MOD9 Cross Country (Modified)

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 22, 2021	Wed	Regular Season	Shaker High School, Ballston Spa High School	5:00 PM	5:55 PM	Iroquois Middle School			L
Sep 29, 2021	Wed	Regular Season	Bethlehem High School, Christian Brothers Academy, Albany @ Guilderland High School	4:15 PM	5:55 PM	Tawasentha Park	Class Dismissal: 2:40 PM	Departure Point: VA, Iroq Departure Time: 2:50 PM	L
Oct 6, 2021	Wed	Regular Season	Schenectady High School (Modified), Burnt Hills-Ballston Lake HS, Shenendehowa High School	4:15 PM	5:55 PM	Iroquois Middle School			L
Oct 13, 2021	Wed	Regular Season	Averill Park High School, Burnt Hills-Ballston Lake HS, Christian Brothers Academy, Albany @ Albany High School	4:15 PM	5:55 PM	Capital Hills Golf Course	Class Dismissal: 2:25 PM	Departure Point: VA, Iroq Departure Time: 2:35 PM	L
Oct 19, 2021	Tue	Regular Season	Saratoga Springs High School @ Colonie High School	4:15 PM		The Crossings of Colonie		Departure Point: VA, Iroq Departure Time: 2:45 PM	L
Oct 30, 2021	Sat	Meet (SSC Championships)	Vs. Multiple	12:00 PM	2:55 PM	Saratoga Spa State Park		Departure Point: HS Departure Time: 11:00 AM	NL

Date: 2026-02-01