



Niskayuna High School

(B) V Cross Country

Coaches:

- Jason DeRocco, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2024	Tue	Regular Season	Averill Park High School, Burnt Hills-Ballston Lake HS @ Shenendehowa High School	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Sep 17, 2024	Tue	Regular Season	Albany High School, Christian Brothers Academy, Albany @ Ballston Spa High School	4:15 PM	5:55 PM	TBD		L
Sep 24, 2024	Tue	Regular Season	Schenectady High School, Bethlehem High School, Guilderland High School	4:15 PM	5:55 PM	Iroquois Middle School		L
Oct 1, 2024	Tue	Regular Season	Columbia High School, Saratoga Springs High School	4:15 PM	5:55 PM	Iroquois Middle School		L
Oct 8, 2024	Tue	Regular Season	Shaker High School @ Colonie High School	4:15 PM	5:55 PM	TBD		L
Oct 26, 2024	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park		NL

Date: 2024-05-01