



Niskayuna High School

(G) MOD9 Cross Country (Modified)

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 16, 2026	Wed	Regular Season	Columbia High School @ Guilderland High School	4:30 PM	6:10 PM	Tawasentha Park		L
Sep 23, 2026	Wed	Regular Season	Burnt Hills-Ballston Lake HS @ Averill Park High School	4:30 PM	6:10 PM	APHS Cross Country Course		L
Sep 30, 2026	Wed	Regular Season	Shaker High School, Saratoga Springs High School, Schenectady High School (Modified)	4:30 PM	6:10 PM	Iroquois Middle School		L
Oct 7, 2026	Wed	Regular Season	Colonie High School @ Albany High School	4:30 PM	6:10 PM	Capital Hills Golf Course		L
Oct 14, 2026	Wed	Regular Season	Shenendehowa High School, Bethlehem High School, Ballston Spa High School	4:30 PM	6:10 PM	Iroquois Middle School		L
Oct 24, 2026	Sat	Meet (SSC Championships)	Vs. Multiple	9:00 AM	1:55 PM	Saratoga Spa State Park		NL

Date: 2026-05-02