



Niskayuna High School

(G) V Cross Country

Coaches:

- Joe Skufca

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|--|------------|----------|---------------------------|--------------------------|--|---------------------|
| Sep 1, 2018 | Sat | Regular Season (Ekiden Meet) | Albany High School | 9:00 AM | | Iroquois Middle School | | | L |
| Sep 1, 2018 | Sat | Meet (Niskayuna Ekiden) | Vs. Multiple | 9:30 AM | | TBD | | | NL |
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| Sep 1, 2018 | Sat | Regular Season (Niskayuna Ekiden Invitational) | Colonie High School | 9:30 AM | | Iroquois Middle School | | | NL |
| Sep 1, 2018 | Sat | Regular Season (Niskayuna XC Ekiden Invitational) | Schuylerville | 9:30 AM | | Iroquois Middle School | | | NL |
| Sep 4, 2018 | Tue | Regular Season | Colonie High School, Saratoga Springs High School @ Shenendehowa High School | 6:15 PM | | Saratoga Spa State Park | | Departure Point: Will Ride w/Boys | L |
| Sep 7, 2018 | Fri | Meet (Springstead Invitational) | Vs. Multiple | 4:00 PM | | TBD | Class Dismissal: 2:05 PM | Departure Point: Iroq, HS Departure Time: 2:00 PM | NL |
| Sep 11, 2018 | Tue | Regular Season | Guilderland High School, Schenectady High School, Averill Park High School | 4:15 PM | | Iroquois Middle School | | Departure Point: HS Departure Time: 2:45 PM | L |
| Sep 15, 2018 | Sat | Meet (Queensbury Invitational) | Vs. Multiple | 9:00 AM | | TBD | | Departure Point: HS | NL |
| Sep 25, 2018 | Tue | Regular Season | Shaker High School, Ballston Spa High School @ Burnt Hills-Ballston Lake HS | 4:15 PM | | Saratoga Spa State Park | | Departure Point: IROQ, HS Departure Time: 2:50 PM | L |
| Oct 3, 2018 | Wed | Regular Season | Bethlehem High School @ Albany High School | 4:15 PM | | Capital Hills Golf Course | Class Dismissal: 2:20 PM | Departure Point: IROQ, HS Departure Time: 2:20 PM | L |
| Oct 9, 2018 | Tue | Regular Season | Columbia High School, Troy | 4:15 PM | | Iroquois Middle School | | Departure Point: HS/One Way Departure Time: 2:45 PM | L |
| Oct 27, 2018 | Sat | Meet (Suburbans at SPAC) | Vs. Multiple | 1:00 PM | | TBD | | | NL |

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|------------------------|----------|---|--------------|------------|----------|-------------------------|------------------------------------|--|---------------------|
| POSTPONED Oct 27, 2018 | Sat | Meet (SSC Championships) | Vs. Multiple | 1:30 PM | | Saratoga Spa State Park | | Departure Point: Craig Departure Time: 11:30 AM | NL |
| Nov 2, 2018 | Fri | Meet (Sectionals at SPAC) | Vs. Multiple | 11:00 AM | | TBD | Class Dismissal: 8:50 AM | Departure Time: 9:00 AM | NL |
| Nov 10, 2018 | Sat | Meet (States at Sunken Meadow State Park) | Vs. Multiple | TBD | | TBD | | | NL |

Date: 2026-01-31