



Niskayuna High School

(G) V Cross Country

Coaches:

- Joe Skufca

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 1, 2018	Sat	Regular Season (Ekiden Meet)	Albany High School	9:00 AM		Iroquois Middle School			L
Sep 1, 2018	Sat	Meet (Niskayuna Ekiden)	Vs. Multiple	9:30 AM		TBD			NL
Sep 1, 2018	Sat	Meet (Niskayuna Ekiden)	Vs. Multiple	9:30 AM		TBD			NL
Sep 1, 2018	Sat	Meet (Niskayuna Ekiden)	Vs. Multiple	9:30 AM		TBD			NL
Sep 1, 2018	Sat	Regular Season (Niskayuna Ekiden Invitational)	Colonie High School	9:30 AM		Iroquois Middle School			NL
Sep 1, 2018	Sat	Regular Season (Niskayuna XC Ekiden Invitational)	Schuylerville	9:30 AM		Iroquois Middle School			NL
Sep 4, 2018	Tue	Regular Season	Colonie High School, Saratoga Springs High School @ Shenendehowa High School	6:15 PM		Saratoga Spa State Park	Departure Point: Will Ride w/Boys	L	
Sep 7, 2018	Fri	Meet (Springstead Invitational)	Vs. Multiple	4:00 PM		TBD	Class Dismissal: 2:05 PM	Departure Point: Iroq, HS Departure Time: 2:00 PM	NL
Sep 11, 2018	Tue	Regular Season	Guilderland High School, Schenectady High School, Averill Park High School	4:15 PM		Iroquois Middle School	Departure Point: HS Departure Time: 2:45 PM	L	
Sep 15, 2018	Sat	Meet (Queensbury Invitational)	Vs. Multiple	9:00 AM		TBD	Departure Point: HS	NL	
Sep 25, 2018	Tue	Regular Season	Shaker High School, Ballston Spa High School @ Burnt Hills-Ballston Lake HS	4:15 PM		Saratoga Spa State Park	Departure Point: IROQ, HS Departure Time: 2:50 PM	L	
Oct 3, 2018	Wed	Regular Season	Bethlehem High School @ Albany High School	4:15 PM		Capital Hills Golf Course	Class Dismissal: 2:20 PM	Departure Point: IROQ, HS Departure Time: 2:20 PM	L
Oct 9, 2018	Tue	Regular Season	Columbia High School, Troy	4:15 PM		Iroquois Middle School	Departure Point: HS/One Way Departure Time: 2:45 PM	L	
Oct 27, 2018	Sat	Meet (Suburbans at SPAC)	Vs. Multiple	1:00 PM		TBD			NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
POSTPONED Oct 27, 2018	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park			Departure Point: Craig Departure Time: 11:30 AM NL
Nov 2, 2018	Fri	Meet (Sectionals at SPAC)	Vs. Multiple	11:00 AM		TBD	Class Dismissal: 8:50 AM	Departure Time: 9:00 AM	NL
Nov 10, 2018	Sat	Meet (States at Sunken Meadow State Park)	Vs. Multiple	TBD		TBD			NL

Date: 2026-01-31