

Coaches:

• Chip Foster, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 29, 2023	Wed	Regular Season	Shenendehowa High School	5:00 PM	5:55 PM	Guilderland High School East Gym			L
Dec 7, 2023	Thu	Regular Season	Columbia High School @ Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	4:00 PM		Niskayuna High School		Departure Point: GHS East Departure Date: Dec 7, 2023 Departure Time: 3:30 PM Return Date: Dec 7, 2023 Return Time: 8:00 PM	L
Dec 7, 2023	Thu	Regular Season	@ Schenectady High School (Niskayuna/Schenectady)	4:00 PM		Niskayuna High School		Departure Point: GHS East Departure Date: Dec 7, 2023 Departure Time: 3:30 PM Return Date: Dec 7, 2023 Return Time: 8:00 PM	L
Dec 15, 2023	Fri	Regular Season (Niskayuna Tournament)	TBD, Colonie High School, Shaker High School, Salem (Salem- Cambridge), Shenendehowa High School, Burnt Hills- Ballston Lake HS, Whitehall, Bethlehem High School @ Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	4:00 PM		Niskayuna High School		Departure Point: GHS East Departure Date: Dec 15, 2023 Departure Time: 3:00 PM	NL
Dec 20, 2023	Wed	Regular Season	@ Colonie High School	5:00 PM		Colonie High School MUG (Main Gymnasium)		Departure Point: GHS East Departure Date: Dec 20, 2023 Departure Time: 3:15 PM Return Date: Dec 20, 2023 Return Time: 8:00 PM	L
POSTPONED Jan 9, 2024	Tue	Regular Season	TBD	5:00 PM	5:55 PM	Guilderland High School East Gym			NL
Jan 10, 2024	Wed	Regular Season	Shaker High School	5:00 PM	5:55 PM	Guilderland High School East Gym			L
Jan 20, 2024	Sat	Regular Season	Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	9:30 AM	12:00 PM	Guilderland High School East Gym			NL
Jan 23, 2024	Tue	Regular Season	Bethlehem High School	5:00 PM	5:55 PM	Guilderland High School East Gym			L
Jan 25, 2024	Thu	Regular Season	@ Burnt Hills-Ballston Lake HS	5:00 PM		BH-BL HS Gym			L

Date: 2025-12-16