

Coaches:

• Chip Foster, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 7, 2022	Wed	Regular Season	@ Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	5:00 PM	8:00 PM	Schenectady High School	Departure Point: EAST RIDE WITH JV AND V BOYS Departure Time: 3:45 PM	L
Dec 10, 2022	Sat	Regular Season (ALL GIRLS MEET AT COXSACKIE)	@ TBD	TBD		TBD	Departure Point: EAST DROP ONLY Departure Time: 6:30 AM	L
Dec 14, 2022	Wed	Regular Season	TBD	6:00 PM		Guilderland High School East Gym		L
Dec 30, 2022	Fri	Regular Season (All Comers Schenectady)	@ TBD	TBD		TBD	Departure Point: GHS East - Drop only Departure Time: 7:30 AM	L
Jan 4, 2023	Wed	Regular Season	Shaker High School	6:00 PM		Guilderland High School East Gym		L
Jan 10, 2023	Tue	Regular Season (CA/Coxsackie Athen)	@ TBD	5:30 PM	8:00 PM	TBD	Departure Point: GHS East ride with boys Departure Time: 3:30 PM	L
Jan 13, 2023	Fri	Regular Season (EASTERN STATES)	@ TBD	TBD		TBD	Departure Point: NO TRANSPORTATION NEEDED	L
Jan 18, 2023	Wed	Regular Season	@ Shenendehowa High School	6:00 PM	8:30 PM	Shen High School East Gym 1 (Main)	Departure Point: EAST RIDE WITH V AND JV BOYS Departure Time: 4:15 PM	L
Jan 21, 2023	Sat	Regular Season	Shenendehowa High School	9:00 AM	4:00 PM	Guilderland High School West (Big) Gym		NL
CANCELLED Jan 23, 2023	Mon	Meet (All Comers Meet)	Vs. Multiple	4:00 PM		Shaker Middle School- old gym	Departure Point: GHS EAST Departure Time: 2:45 PM Return Date: Return Time: 5:30 PM	NL
Jan 28, 2023	Sat	Regular Season (GIRLS STATES)	@ TBD	TBD		TBD	Departure Point: no transportation needed	L
Feb 1, 2023	Wed	Regular Season	Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	TBD		Guilderland High School East Gym		L
CANCELLED Feb 8, 2023	Wed	Regular Season (PLAYDATE)	Niskayuna High School (Niskayuna/Schenectady Girls Wrestling) @ Shenendehowa High School	4:00 PM	6:00 PM	Shen High School East Gym 1 (Main)	Departure Point: EAST Departure Time: 2:45 PM	L

Date: 2025-12-14