



Guilderland High School

(G) V Cheerleading

Coaches:

- Jessalyn Crusado, Head Coach
- Laura McConchie, Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|---|------------|----------|------------------------------|---|---------------------|
| Jan 21, 2023 | Sat | Meet (Scottie Showdown) | Vs. Multiple | 9:00 AM | | Ballston Spa High School Gym | Departure Point: GHS EAST Departure Time: 9:45 AM Return Date: Return Time: 3:00 PM | NL |
| Feb 4, 2023 | Sat | Regular Season (Devil Nation Invitational Cheer Competition) | Shenendehowa High School (Competitive), Ballston Spa High School (Competitive), Colonie High School (Competitive), Saratoga Springs High School (Competitive), Burnt Hills-Ballston Lake HS (Competitive), Niskayuna High School (Competitive), Schuylerville (Winter), Ravena-Coeymans, Schalmont, Tamarac (Winter Cheerleading), Greenwich, Northeastern Clinton, Bethlehem High School (Competitive), Troy (Competitive), Schenectady High School (Competitive Cheer), Beekmantown, Berne-Knox-Westerlo, Queensbury, Whitehall (Winter), Albany High School (Competitive) @ Columbia High School (Competitive) | 8:00 AM | 6:00 PM | Columbia H.S. | | NL |
| Feb 8, 2023 | Wed | Meet (Sweetheart Classic) | Vs. Multiple | 4:00 PM | | Shaker High School- H Gym | Departure Point: GHS EAST TO FMS Departure Time: 3:30 PM Return Date: Return Time: 9:30 PM | NL |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--------------------------------|---|------------|----------|--|---|---------------------|
| Feb 11, 2023 | Sat | Regular Season (Raider Rumble) | Shenendehowa High School (Competitive), Ballston Spa High School (Competitive), Saratoga Springs High School (Competitive), Burnt Hills-Ballston Lake HS (Competitive), Niskayuna High School (Competitive), Shaker High School (Competitive) @ Colonie High School (Competitive) | 10:00 AM | 7:45 PM | Colonie High School MUG (Main Gymnasium) | Departure Time: 11:00 AM Return Date: Return Time: 7:45 PM | L |
| Feb 12, 2023 | Sun | Regular Season | Niskayuna High School (Competitive), Saratoga Springs High School (Competitive), Broadalbin-Perth (Competitive Cheer), Shaker High School (Competitive), Troy (Competitive), Mohonasen, Burnt Hills-Ballston Lake HS (Competitive), Scotia-Glenville, Schenectady High School (Competitive Cheer), Cohoes | 10:00 AM | 3:00 PM | Guilderland High School West (Big) Gym | | L |
| Feb 15, 2023 | Wed | Regular Season | @ TBD | 6:00 PM | 9:30 PM | Pat Riley Sports Center-Main Gym | Departure Time: 4:00 PM Return Date: Return Time: 9:30 PM | NL |
| Feb 25, 2023 | Sat | Post-Season (sectionals) | @ TBD | TBD | TBD | | Departure Point: GHS WEST | NL |

Date: 2025-12-05