



Guilderland High School

(G) MOD9 Cross Country

Coaches:

- Taylor Tommell

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 16, 2026	Wed	Regular Season	Niskayuna High School (Modified), Columbia High School	4:30 PM	6:10 PM	Tawasentha Park		L
Sep 23, 2026	Wed	Regular Season	Shaker High School, Shenendehowa High School @ Colonie High School	4:30 PM	6:10 PM	Colonie Town Park		L
Sep 30, 2026	Wed	Regular Season	@ Ballston Spa High School	4:30 PM	6:10 PM	TBD		L
Oct 7, 2026	Wed	Regular Season	Schenectady High School (Modified), Bethlehem High School @ Averill Park High School	4:30 PM	6:10 PM	APHS Cross Country Course		L
Oct 14, 2026	Wed	Regular Season	Albany High School, Saratoga Springs High School @ Burnt Hills-Ballston Lake HS	4:30 PM	6:10 PM	BH- BL HS		L
Oct 24, 2026	Sat	Meet (SSC Championships)	Vs. Multiple	9:00 AM	1:55 PM	Saratoga Spa State Park		NL

Date: 2026-05-02