



Guilderland High School

(G) MOD9 Cross Country

Coaches:

- Taylor Tommell

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 17, 2025	Wed	Regular Season	Columbia High School @ Niskayuna High School (Modified)	4:30 PM	6:10 PM	Iroquois Middle School		L
Sep 24, 2025	Wed	Regular Season	Colonie High School, Shaker High School, Shenendehowa High School	4:30 PM	6:10 PM	Tawasentha Park		L
Oct 8, 2025	Wed	Regular Season	Ballston Spa High School @ Christian Brothers Academy, Albany (Girls Cross Country)	4:30 PM	6:00 PM	CBA, Albany		L
Oct 11, 2025	Sat	Regular Season (Burnt Hills XC Invitational- SPAC)	@ TBD	TBD		TBD		L
Oct 15, 2025	Wed	Regular Season	Averill Park High School, Bethlehem High School @ Schenectady High School (Modified)	4:30 PM	6:10 PM	Central Park		L
Oct 22, 2025	Wed	Regular Season	Burnt Hills-Ballston Lake HS, Albany High School, Saratoga Springs High School	4:30 PM	6:10 PM	Tawasentha Park		L
Oct 25, 2025	Sat	Meet (SSC Championships)	Vs. Multiple	9:00 AM	11:25 AM	Saratoga Spa State Park		NL

Date: 2026-05-03