



Guilderland High School

(G) MOD9 Cross Country

Coaches:

- Taylor Tommell

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 26, 2018	Wed	Regular Season	Colonie High School, Schenectady High School (Modified), Albany High School	4:15 PM		Tawasentha Park		L
Sep 29, 2018	Sat	Regular Season @ TBD		9:00 AM	1:00 PM	Moreau Recreational Park	Departure Point: By New Gym - 1 BUS Departure Time: 6:45 AM Return Date: Return Time: 1:00 PM	L
Oct 3, 2018	Wed	Regular Season	Shenendehowa High School, Ballston Spa High School @ Saratoga Springs High School	4:15 PM		Saratoga Spa State Park	Departure Point: Front Departure Time: 2:55 PM Return Date: Return Time: 6:30 PM	L
Oct 10, 2018	Wed	Regular Season	Niskayuna High School (Modified), Colonie High School @ Ballston Spa High School	4:15 PM		Saratoga State Park	Departure Point: Front Departure Time: 2:55 PM Return Date: Return Time: 6:30 PM	L
Oct 13, 2018	Sat	Regular Season	@ Burnt Hills-Ballston Lake HS	9:00 AM	1:00 PM	Saratoga State Park	Departure Point: By New Gym Departure Time: 8:00 AM	L
Oct 17, 2018	Wed	Regular Season	Shaker High School, Bethlehem High School	4:15 PM		CBA, Albany	Departure Point: Front Departure Time: 3:15 PM Return Date: Return Time: 6:30 PM	L
Oct 30, 2018	Tue	Meet (SSC Championships)	Vs. Multiple	4:00 PM		Saratoga Spa State Park	Departure Point: Front Departure Time: 11:45 AM Return Date: Return Time: 3:30 PM	NL

Date: 2026-01-25