



# Guilderland High School

## (G) MOD9 Cross Country

### Coaches:

- Taylor Tommell

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 26, 2018	Wed	Regular Season	Colonie High School, Schenectady High School (Modified), Albany High School	4:15 PM		Tawasentha Park		L
Sep 29, 2018	Sat	Regular Season @ TBD		9:00 AM	1:00 PM	Moreau Recreational Park	<b>Departure Point:</b> By New Gym - 1 BUS <b>Departure Time:</b> 6:45 AM <b>Return Date:</b> <b>Return Time:</b> 1:00 PM	L
Oct 3, 2018	Wed	Regular Season	Shenendehowa High School, Ballston Spa High School @ Saratoga Springs High School	4:15 PM		Saratoga Spa State Park	<b>Departure Point:</b> Front <b>Departure Time:</b> 2:55 PM <b>Return Date:</b> <b>Return Time:</b> 6:30 PM	L
Oct 10, 2018	Wed	Regular Season	Niskayuna High School (Modified), Colonie High School @ Ballston Spa High School	4:15 PM		Saratoga State Park	<b>Departure Point:</b> Front <b>Departure Time:</b> 2:55 PM <b>Return Date:</b> <b>Return Time:</b> 6:30 PM	L
Oct 13, 2018	Sat	Regular Season	@ Burnt Hills-Ballston Lake HS	9:00 AM	1:00 PM	Saratoga State Park	<b>Departure Point:</b> By New Gym <b>Departure Time:</b> 8:00 AM	L
Oct 17, 2018	Wed	Regular Season	Shaker High School, Bethlehem High School	4:15 PM		CBA, Albany	<b>Departure Point:</b> Front <b>Departure Time:</b> 3:15 PM <b>Return Date:</b> <b>Return Time:</b> 6:30 PM	L
Oct 30, 2018	Tue	Meet (SSC Championships)	Vs. Multiple		4:00 PM	Saratoga Spa State Park	<b>Departure Point:</b> Front <b>Departure Time:</b> 11:45 AM <b>Return Date:</b> <b>Return Time:</b> 3:30 PM	NL

Date: 2026-01-25