



Guilderland High School

(B) MOD9 Cross Country

Coaches:

- Maryn Alexander

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2019	Wed	Regular Season	Burnt Hills-Ballston Lake HS, Niskayuna High School (Modified), Averill Park High School	4:15 PM		Tawasentha Park	Departure Point: FMS FRONT 1 BUS DROPP ONLY Departure Time: 3:00 PM	L
Sep 18, 2019	Wed	Regular Season	Bethlehem High School @ Albany High School	4:15 PM	6:00 PM	Washington Park	Departure Point: FMS FRONT 1 BUS Departure Time: 3:00 PM	L
Sep 21, 2019	Sat	Regular Season (Invitational)	Oriskany, Shaker High School, Schenectady High School (Modified)	9:00 AM	4:00 PM	Tawasentha Park		NL
Sep 25, 2019	Wed	Regular Season	Schenectady High School (Modified), Ballston Spa High School @ Shaker High School	4:15 PM	6:00 PM	Colonie Town Park	Departure Point: FMS FRONT 1 BUS Departure Time: 3:15 PM	L
Oct 3, 2019	Thu	Regular Season	Christian Brothers Academy, Albany, Shenendehowa High School	4:15 PM		Tawasentha Park	Departure Point: FMS FRONT DROPP Departure Time: 3:30 PM	L
Oct 16, 2019	Wed	Regular Season	Saratoga Springs High School @ Colonie High School	4:15 PM	6:00 PM	Sand Creek MS Track	Departure Point: FMS FRONT Departure Time: 2:45 PM	L
Oct 26, 2019	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park		NL

Date: 2026-03-14