

Coaches:

- Connie Miller, Head Coach
- Nicholas Lydon

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 4, 2019	Wed	Regular Season 86-94 L	@ Niskayuna High School	4:30 PM		High School	Departure Point: NEW GYM-to FMS ONLY NO PRACTICE Departure Time: 2:40 PM	L
Sep 11, 2019	Wed	Regular Season 59-40 W	@ Troy	4:15 PM	6:15 PM	High School	Departure Point: NEW GYM THEN TO FMS THEN TO TROY Departure Time: 2:40 PM	L
Sep 20, 2019	Fri	Regular Season 75-106 L	Bethlehem High School	4:30 PM		High School	Departure Point: NEW GYM -TO FMS TO VOORHEESVILLE -DROP-NO PRACTICE Departure Time: 2:40 PM	L
Sep 21, 2019	Sat	Regular Season (Dive Meet)	Niskayuna High School, Ballston Spa High School @ Saratoga Springs High School	9:00 AM		Skidmore		L
Sep 28, 2019	Sat	Regular Season (SHEN BREAST CANCER AWARENESS INVITATIONAL)	Ballston Spa High School, Saratoga Springs High School, Burnt Hills-Ballston Lake HS, Niskayuna High School, Albany High School, Shaker High School @ Shenendehowa High School	8:30 AM		Shen Aquatic Center		L
Oct 2, 2019	Wed	Regular Season	Shenendehowa High School	4:30 PM		Voorheesville High School Pool	Departure Point: NEW GYM TO FMS TO VOORHEESVILLE Departure Time: 2:40 PM	L
Oct 7, 2019	Mon	Regular Season	Ballston Spa High School	4:00 PM		Voorheesville High School Pool	Departure Point: WEST GYM THEN TO FMS (245)THEN TO VOORHEESVILLE Departure Time: 2:30 PM	L
Oct 11, 2019	Fri	Regular Season	@ Shaker High School	4:30 PM		Shaker High School Pool	Departure Point: NEW GYM TO FMS ONLY Departure Time: 2:40 PM	L

DATE	WEEK DAY	^C TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 16, 2019	Wed	Regular Season 89-95 L	Saratoga Springs High School	4:30 PM		Voorheesville High School Pool	Departure Point: WEST GYM TO FMS TO VOORHEESVILLE - DROP Departure Time: 2:40 PM	
Oct 18, 2019	Fri	Regular Season	Albany High School	4:30 PM		Voorheesville High School Pool	Departure Point: WEST GYM TO FMS TO VOORHEESVILLE - DROP Departure Time: 2:40 PM	L
Oct 23, 2019	Wed	Regular Season	Duanesburg	4:15 AM		Voorheesville High School Pool	Departure Point: WEST GYM TO FMS TO VOORHEESVILLE Departure Time: 2:45 PM	L
Oct 26, 2019	Sat	Regular Season (swim meet)	Queensbury, Niskayuna High School, Burnt Hills- Ballston Lake HS, Shenendehowa High School @ Ballston Spa High School	9:00 AM		Ballston Spa High School Gym	Departure Point: NO BUSES NEEDED	NL
Nov 7, 2019	Thu	Post-Season (Diving Sectionals)	Glens Falls, Shaker High School, Albany High School, Niskayuna High School, Ballston Spa High School @ Shenendehowa High School	4:00 PM		Shen Aquatic Center	Departure Point: VOORHEESVILLE PICKING UP AT 1:15 AT GHS	L
Nov 8, 2019	Fri	Post-Season (Swim Sectional Prelims)	Glens Falls, Shaker High School, Albany High School, Niskayuna High School, Ballston Spa High School @ Shenendehowa High School	11:30 AM		Shen Aquatic Center	Departure Point: WEST GYM-BUS TO FMS ONLY Departure Time: 1:40 PM	L
Nov 9, 2019	Sat	Post-Season (Sectional Swim Finals)	Glens Falls, Shaker High School, Albany High School, Niskayuna High School, Ballston Spa High School @ Shenendehowa High School	10:00 AM		Shen Aquatic Center	Departure Point: VOORHEESVILLE WILL TRANSPORT FROM FMS AND BACK TO FMS	L

Date: 2024-05-01