



# Guilderland High School

## (B) V Skiing (Cross Country)

### Coaches:

- Brigham McCutcheon
- Kyle Kapusinsky

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 7, 2019	Sat	Regular Season (SCRIMMAGE)	@ TBD	11:00 AM	3:00 PM	Gore Mountain - NCSB	<b>Departure Point:</b> EAST GYM -FOOD STOP <b>Departure Time:</b> 7:30 AM	L
Dec 13, 2019	Fri	Regular Season (JB INVY)	@ TBD	1:00 PM	7:30 PM	GARNET HILL	<b>Departure Point:</b> CHARTER <b>Departure Time:</b> 11:00 AM	L
Dec 28, 2019	Sat	Regular Season (QB RELAYS)	@ TBD	10:00 AM	1:00 PM	QB HIGH	<b>Departure Point:</b> EAST GYM - FOOD STOP <b>Departure Time:</b> 8:00 AM	L
Jan 2, 2020	Thu	Regular Season (SARA/SHEN INVY)	@ TBD	2:00 PM	7:30 PM	Gore Mountain - NCSB	<b>Departure Point:</b> EAST GYM - <b>Departure Time:</b> 12:30 PM	L
Jan 8, 2020	Wed	Regular Season (Johnstown Guilderland Invy)	@ Johnstown (Nordic)	3:00 PM	7:30 PM	Lapland Lake Nordic Ski	<b>Departure Point:</b> EAST GYM <b>Departure Time:</b> 12:00 PM	L
Jan 18, 2020	Sat	Regular Season (GORE INVY)	@ TBD	11:00 AM	3:00 PM	Gore Mountain - NCSB	<b>Departure Point:</b> EAST GYM - FOOD STOP <b>Departure Time:</b> 7:00 AM	L
Jan 20, 2020	Mon	Regular Season (MLK SKIATHON)	@ TBD	10:00 AM		TBD	<b>Departure Point:</b> OWN TRANSPORTATION	NL
Jan 24, 2020	Fri	Regular Season (MAYFIELD INVY)	@ TBD	4:00 PM	7:30 PM	Lapland Lake	<b>Departure Point:</b> EAST GYM-FOOD STOP <b>Departure Time:</b> 1:00 PM	L
Jan 27, 2020	Mon	Practice	N/A	4:00 PM	5:30 PM	TBD	<b>Departure Point:</b> EAST <b>Departure Time:</b> 3:15 PM	
Jan 29, 2020	Wed	Regular Season (LG/GF INVY)	@ TBD	4:00 PM	7:00 PM	Gore Mountain - NCSB	<b>Departure Point:</b> EAST GYM <b>Departure Time:</b> 12:00 PM	L
Jan 31, 2020	Fri	Regular Season (EMPIRE STATE GAMES)	@ TBD	TBD		TBD		L
Feb 4, 2020	Tue	Regular Season (SCOTIA RELAY)	@ TBD	4:00 PM	6:30 PM	Maple Ski Ridge	<b>Departure Point:</b> EAST GYM RIDE WITH GIRLS <b>Departure Time:</b> 2:30 PM	L
Feb 12, 2020	Wed	Regular Season (SECTIONALS)	@ TBD	2:00 PM	6:00 PM	Lapland Lake	<b>Departure Point:</b> EAST GYM <b>Departure Time:</b> 1:00 PM	L
Feb 13, 2020	Thu	Regular Season	Scotia-Glenville	3:00 PM	6:30 PM	Lapland Lake		L
Feb 24, 2020	Mon	Regular Season (STATE MEET INDIVIDUAL)	@ TBD	TBD		TBD		L
Feb 25, 2020	Tue	Regular Season (STATE MEET RELAY)	@ TBD	TBD		TBD		L

Date: 2026-01-13