

Coaches:

- Brigham McCutcheon
- Kyle Kapusinsky

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME		DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
CANCELLED Dec 30, 2022	Fri	Regular Season (QUEENSBURY RELAYS)	@ Queensbury (Nordic)	10:00 AM		Queensbury HS	,	Departure Point: GHS EAST - FOOD Departure Time: 7:00 AM	L
Dec 30, 2022	Fri	Regular Season (Queensbury Relays)	Johnstown (Nordic), Scotia-Glenville, Lake George (Nordic), Saratoga Springs High School (Cross Country) @ Queensbury (Nordic)	10:00 AM		Gore Mountain Ski Resort			NL
POSTPONED Jan 7, 2023	Sat	Regular Season (Queensbury Invitational)	Johnstown (Nordic), Scotia- Glenville, Saratoga Springs High School (Cross Country) @ Queensbury (Nordic)	12:30 PM		Gore Ski Center		Departure Point: EAST FOOD STOP Departure Time: 9:30 PM	NL
CANCELLED Jan 7, 2023	Sat	Regular Season (QUEENSBURY INVY)	@ Queensbury (Nordic)	12:30 PM		Gore Ski Center		Departure Point: GHS EAST - FOOD Departure Time: 9:00 AM	L
Jan 11, 2023	Wed	Regular Season (SARATOGA SHEN INVY)	Johnstown (Nordic), Glens Falls (Coed Alpine) @ Saratoga Springs High School (Cross Country)	3:00 PM	5:00 PM	Gore Mountain - NCSB		Departure Point: GHS EAST Departure Time: 11:30 AM	L
Jan 20, 2023	Fri	Regular Season (JOHNSTOWN/GUILDERLAND INVY)	@ TBD	3:00 PM	8:00 PM	Gore Mountain - NCSB		Departure Point: GHS EAST -FOOD STOP RIDE WITH BOYS Departure Time: 11:30 AM	L
Jan 27, 2023	Fri	Regular Season (LAKE GEORGE/GLENS FALLS INVY)	@ TBD	3:00 PM	8:00 PM	Gore Mountain - NCSB	Class Dismissal: 11:15 AM	Departure Point: GHS EAST -FOOD STOP-RIDE WITH BOYS Departure Time: 11:30 AM	L
Feb 1, 2023	Wed	Regular Season (MAYFIELD INVY)	@ TBD	3:00 PM		Lapland Lake		Departure Point: GHS EAST - FOOD STOP RIDE WITH BOYS Departure Time: 12:00 PM	L

DATE	WEE	ТҮРЕ	OPPONENTS	START	END	LOCATION	LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE
Feb 10, 2023	Fri	Regular Season (SCOTIA/GLENVILLE RELAYS)	@ TBD	4:00 PM		CRANDALL PARK	Departure Point: GHS EAST - FOOD STOP RIDE WITH BOYS Departure Time: L 1:30 PM Return Date: Return Time: 9:00 PM
Feb 15, 2023	Wed	Post-Season (SECTIONALS)	@ TBD	TBD		TBD	Departure Point: EAST FOOD STOP RIDE WITH GIRLS Departure Time: 7:00 AM

Date: 2025-12-10