## Coaches:

• Taylor Tommell, Head Coach

DATE	WEEK	<sup>(</sup> TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 18, 2024	Thu	Regular Season	Troy @ Bethlehem High School	4:15 PM	6:55 PM	High School Track		L
Apr 25, 2024	Thu	Regular Season	Colonie High School @ Saratoga Springs High School	4:15 PM	6:55 PM	Saratoga Springs High School	Departure Point: FMS Departure Time: 2:40 PM	L
May 3, 2024	Fri	Regular Season	Bethlehem High School, Shenendehowa High School	4:45 PM	7:30 PM	GHS Track		L
May 9, 2024	Thu	Regular Season	Shaker High School @ Niskayuna High School (Modified)	4:15 PM	6:55 PM	Niskayuna High School	Departure Point: FMS Departure Time: 3:00 PM	L
May 16, 2024	Thu	Regular Season	Schenectady High School (Girls Modified Track) @ Christian Brothers Academy, Albany	4:15 PM	6:55 PM	TBD	Departure Point: FMS Departure Time: 3:00 PM	L
May 20, 2024	Mon	Regular Season (Suburban Council Modified Track Play Date)	Colonie High School, Burnt Hills-Ballston Lake HS @ Saratoga Springs High School	4:15 PM	6:15 PM	Saratoga Springs High School	Departure Point: FMS Departure Time: 2:45 PM	L

Date: 2025-12-05