Coaches:

• Taylor Tommell, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 20, 2023	Thu	Regular Season	Troy, Bethlehem High School	4:15 PM		GHS Track	Class Dismissal: 2:45 PM	Departure Point: FMS Departure Time: 3:00 PM	L
Apr 27, 2023	Thu	Regular Season	Albany High School @ Averill Park High School	4:15 PM		APHS Track	Class Dismissal: 2:45 PM	Departure Point: FMS Departure Time: 3:00 PM Return Date: Return Time: 5:45 PM	L
May 4, 2023	Thu	Regular Season	Bethlehem High School @ Albany High School	4:15 PM		Albany Turf Stadium Field	Class Dismissal: 2:45 PM	Departure Point: FMS Departure Time: 3:00 PM Return Date: Return Time: 5:45 PM	L
May 11, 2023	Thu	Regular Season	Shenendehowa High School @ Bethlehem High School	4:15 PM		High School Track	Class Dismissal: 2:45 PM	Departure Point: FMS FRONT Departure Time: 3:00 PM Return Date: Return Time: 5:45 PM	L
May 18, 2023	Thu	Meet (SSC Culminating Meet)	Vs. Multiple	4:15 PM		Colonie High Track			NL
May 19, 2023	Fri	Regular Season	@ TBD	4:30 PM	6:30 PM	Stillwater HS	Class Dismissal: 2:45 PM	Departure Point: FMS - 2 BUSES RIDE WITH BOYS Departure Time: 3:00 PM Return Date: Return Time: 6:30 PM	NL

Date: 2025-12-05