

Coaches:

- Chris Scanlan, Head Coach
- Dan Penna, Asst Coach
- Dave Kosier, Asst Coach
- Erica Pfleegor

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 5, 2025	Sat	Regular Season (Guilderland Invitational)	Glens Falls	9:00 AM		GHS Track		NL
Apr 5, 2025	Sat	Regular Season (Guilderland Frigid Cup Invitational)	Saratoga Springs High School, Greenville, Schuylerville, Shenendehowa High School, Watervliet, Ravena-Coeymans, Shaker High School	10:00 AM		GHS Track		L
Apr 9, 2025	Wed	Regular Season	Shenendehowa High School	4:15 PM		GHS Track		L
Apr 12, 2025	Sat	Regular Season	@ TBD	TBD		TBD	Departure Point: GHS East Departure Time: 7:15 AM Return Date: Return Time: 3:00 PM	L
Apr 22, 2025	Tue	Regular Season	@ Ballston Spa High School	4:15 PM	6:55 PM	Ballston Spa Track	Departure Point: GHS East Departure Time: 2:15 PM Return Date: Return Time: 6:00 PM	L
Apr 26, 2025	Sat	Regular Season	@ TBD	TBD		TBD	Departure Point: GHS East Departure Time: 7:00 AM Return Date: Return Time: 5:00 PM	L
Apr 29, 2025	Tue	Regular Season	Columbia High School @ Averill Park High School	4:15 PM		APHS Track		L
May 3, 2025	Sat	Regular Season	@ TBD	TBD		TBD	Departure Point: GHS East	L
May 6, 2025	Tue	Regular Season	Burnt Hills-Ballston Lake HS	4:15 PM	6:55 PM	GHS Track		L
May 13, 2025	Tue	Regular Season	Niskayuna High School @ Bethlehem High School	4:15 PM	6:55 PM	High School Track		L
May 17, 2025	Sat	Regular Season	@ TBD	TBD		TBD	Departure Point: GHS East Departure Time: 7:30 AM Return Date: Return Time: 4:00 PM	L
May 20, 2025	Tue	Meet (SSC Championships)	Vs. Multiple	3:30 PM		APHS Track		NL

Date: 2025-12-05