



Guilderland High School

(G) V Outdoor Track

Coaches:

- Chris Scanlan, Head Coach
- Dan Penna, Asst Coach
- Dave Kosier, Asst Coach
- Erica Pfleegor

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|--|------------|----------|-----------------------|------------------------------------|--|---------------------|
| Apr 1, 2023 | Sat | Regular Season (Guilderland Frigid Cup Invitational) | Averill Park High School, Ballston Spa High School, Bethlehem High School, Catholic Central, Troy, Fair Haven, Ichabod Crane, Shaker High School | 10:00 AM | | GHS Track | | | NL |
| Apr 5, 2023 | Wed | Regular Season @ Troy | | 4:45 PM | 6:55 PM | Track | | Departure Point: GHS EAST Departure Time: 3:00 PM | L |
| Apr 15, 2023 | Sat | Meet (Lady Eagle Invitational) | Vs. Multiple | 8:00 AM | 4:00 PM | High School Track | | Departure Point: GHS EAST Departure Time: 8:00 AM Return Date: Return Time: 2:00 PM | NL |
| Apr 18, 2023 | Tue | Regular Season | Saratoga Springs High School, Colonie High School | 4:15 PM | 6:55 PM | GHS Track | | | L |
| Apr 21, 2023 | Fri | Regular Season (Niskayuna Medley Relay Challenge) | Schenectady High School (Girls Varsity Track), Colonie High School, Burnt Hills-Ballston Lake HS, Averill Park High School @ Niskayuna High School | 4:30 PM | | Mohonasen High School | Class Dismissal: 2:25 PM | Departure Point: GHS EAST Departure Time: 2:40 PM Return Date: Return Time: 6:00 PM | NL |
| Apr 22, 2023 | Sat | Regular Season (Warrior Classic) | @ Mohonasen | 9:00 AM | | Mohonasen HS | | Departure Point: GHS EAST Departure Time: 7:30 AM Return Date: Return Time: 2:00 PM | NL |
| Apr 25, 2023 | Tue | Regular Season | Shenendehowa High School @ Bethlehem High School | 4:15 PM | 6:55 PM | High School Track | Class Dismissal: 2:25 PM | Departure Point: GHS WEST Departure Time: 2:40 PM | L |
| Apr 28, 2023 | Fri | Regular Season (Penn Relays) | @ TBD | TBD | TBD | | | | L |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|---|--|------------|----------|--|------------------------------------|----------------|---|
| CANCELLED Apr 29, 2023 | Sat | Regular Season (Kingston Tiger Relays) | @ TBD | 9:00 AM | | TBD | | | Departure Point: GHS EAST Departure Time: 6:00 AM Return Date: Return Time: 2:00 PM |
| Apr 29, 2023 | Sat | Regular Season (Penn Relays) | @ TBD | TBD | | TBD | | | NL |
| May 2, 2023 | Tue | Regular Season | Niskayuna High School @ Shaker High School | 4:15 PM | 6:55 PM | Arthur Walker Field-Shaker High School | Class Dismissal: 2:15 PM | | Departure Point: GHS EAST Departure Time: 2:30 PM Return Date: Return Time: 6:30 PM |
| May 6, 2023 | Sat | Regular Season (Colonie Relays) | Albany High School @ Colonie High School | 8:00 AM | | Colonie High Track | | | Departure Point: GHS WEST Departure Time: 7:00 AM Return Date: Return Time: 2:00 PM |
| May 9, 2023 | Tue | Regular Season 127-50 W | Ballston Spa High School | 4:15 PM | 6:55 PM | GHS Track | | | L |
| May 11, 2023 | Thu | Regular Season (LOUCKS GAMES INVY) | @ White Plains | TBD | | TBD | | | NL |
| May 12, 2023 | Fri | Regular Season (SHEN INVY) | Colonie High School, Shaker High School, Burnt Hills-Ballston Lake HS, Schenectady High School (Girls Varsity Track), Albany High School, Niskayuna High School @ Shenendehowa High School | 4:00 PM | 10:00 PM | Shen High School East Stadium (Track) | Class Dismissal: 1:45 PM | | Departure Point: GHS EAST Departure Time: 2:00 PM Return Date: Return Time: 9:00 PM |
| May 13, 2023 | Sat | Regular Season (Queensbury Invitational) | @ TBD | 9:15 AM | 2:30 PM | Queensbury HS | Bus/Driver: GCSD | | Departure Point: GHS East Departure Date: May 13, 2023 Departure Time: 7:15 AM Return Date: May 13, 2023 Return Time: 3:00 PM |
| May 17, 2023 | Wed | Meet (SSC Championships) | Vs. Multiple | 4:00 PM | 7:55 PM | APHS Track | Class Dismissal: 1:45 PM | | Departure Point: GHS EAST Departure Time: 2:00 PM Return Date: Return Time: 7:00 PM |
| May 18, 2023 | Thu | Meet (SSC JV Championships) | Vs. Multiple | 4:00 PM | 7:55 PM | GHS Track | | | NL |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--------------------------------|--|------------|----------|---------------------------------------|--|---|---------------------|
| May 20, 2023 | Sat | Regular Season (Eddy Meet) | Shenendehowa High School, Niskayuna High School @ Schenectady High School (Girls Varsity Track) | 9:00 AM | | Larry Mulvaney Field | Departure Point: GHS EAST Departure Time: 7:30 AM Return Date: Return Time: 3:00 PM | L | |
| May 24, 2023 | Wed | Post-Season (Track Sectionals) | Saratoga Springs High School, Shaker High School, Niskayuna High School, Shenendehowa High School @ Colonie High School | 4:00 PM | | Colonie High Track | | | NL |
| Jun 1, 2023 | Thu | Post-Season (STATE QUALIFIERS) | Amsterdam, Schuylerville, Saratoga Springs High School, Niskayuna High School, Shaker High School @ Shenendehowa High School | 5:00 PM | | Shen High School East Stadium (Track) | Bus/Driver: GCSD | Departure Point: GHS East Departure Date: Jun 1, 2023 Departure Time: 3:00 PM Return Date: Jun 1, 2023 Return Time: 7:00 PM | L |
| Jun 2, 2023 | Fri | Post-Season (STATE QUALIFIERS) | Schuylerville, Amsterdam, Saratoga Springs High School, Niskayuna High School, Shaker High School @ Shenendehowa High School | 4:00 PM | | Shen High School East Stadium (Track) | Bus/Driver: GCSD | Departure Point: GHS East Departure Date: Jun 2, 2023 Departure Time: 3:00 PM Return Date: Jun 2, 2023 Return Time: 7:00 PM | L |

Date: 2026-01-20