



Guilderland High School

(G) V Outdoor Track

Coaches:

- Chris Scanlan, Head Coach
- Dan Penna, Asst Coach
- Dave Kosier, Asst Coach
- Erica Pflieger

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 1, 2023	Sat	Regular Season (Guilderland Frigid Cup Invitational)	Averill Park High School, Ballston Spa High School, Bethlehem High School, Catholic Central, Troy, Fair Haven, Ichabod Crane, Shaker High School	10:00 AM		GHS Track			NL
Apr 5, 2023	Wed	Regular Season	@ Troy	4:45 PM	6:55 PM	Track		Departure Point: GHS EAST Departure Time: 3:00 PM	L
Apr 15, 2023	Sat	Meet (Lady Eagle Invitational)	Vs. Multiple	8:00 AM	4:00 PM	High School Track		Departure Point: GHS EAST Departure Time: 8:00 AM Return Date: Return Time: 2:00 PM	NL
Apr 18, 2023	Tue	Regular Season	Saratoga Springs High School, Colonie High School	4:15 PM	6:55 PM	GHS Track			L
Apr 21, 2023	Fri	Regular Season (Niskayuna Medley Relay Challenge)	Schenectady High School (Girls Varsity Track), Colonie High School, Burnt Hills-Ballston Lake HS, Averill Park High School @ Niskayuna High School	4:30 PM		Mohonasen High School	Class Dismissal: 2:25 PM	Departure Point: GHS EAST Departure Time: 2:40 PM Return Date: Return Time: 6:00 PM	NL
Apr 22, 2023	Sat	Regular Season (Warrior Classic)	@ Mohonasen	9:00 AM		Mohonasen HS		Departure Point: GHS EAST Departure Time: 7:30 AM Return Date: Return Time: 2:00 PM	NL
Apr 25, 2023	Tue	Regular Season	Shenendehowa High School @ Bethlehem High School	4:15 PM	6:55 PM	High School Track	Class Dismissal: 2:25 PM	Departure Point: GHS WEST Departure Time: 2:40 PM	L
Apr 28, 2023	Fri	Regular Season (Penn Relays)	@ TBD	TBD		TBD			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Apr 29, 2023	Sat	Regular Season (Kingston Tiger Relays)	@ TBD	9:00 AM		TBD		Departure Point: GHS EAST Departure Time: 6:00 AM Return Date: Return Time: 2:00 PM	NL
Apr 29, 2023	Sat	Regular Season (Penn Relays)	@ TBD	TBD		TBD			NL
May 2, 2023	Tue	Regular Season	Niskayuna High School @ Shaker High School	4:15 PM	6:55 PM	Arthur Walker Field-Shaker High School	Class Dismissal: 2:15 PM	Departure Point: GHS EAST Departure Time: 2:30 PM Return Date: Return Time: 6:30 PM	L
May 6, 2023	Sat	Regular Season (Colonie Relays)	Albany High School @ Colonie High School	8:00 AM		Colonie High Track		Departure Point: GHS WEST Departure Time: 7:00 AM Return Date: Return Time: 2:00 PM	L
May 9, 2023	Tue	Regular Season 127-50 W	Ballston Spa High School	4:15 PM	6:55 PM	GHS Track			L
May 11, 2023	Thu	Regular Season (LOUCKS GAMES INVY)	@ White Plains	TBD		TBD			NL
May 12, 2023	Fri	Regular Season (SHEN INVY)	Colonie High School, Shaker High School, Burnt Hills-Ballston Lake HS, Schenectady High School (Girls Varsity Track), Albany High School, Niskayuna High School @ Shenendehowa High School	4:00 PM	10:00 PM	Shen High School East Stadium (Track)	Class Dismissal: 1:45 PM	Departure Point: GHS EAST Departure Time: 2:00 PM Return Date: Return Time: 9:00 PM	L
May 13, 2023	Sat	Regular Season (Queensbury Invitational)	@ TBD	9:15 AM	2:30 PM	Queensbury HS	Bus/Driver: GCSD	Departure Point: GHS East Departure Date: May 13, 2023 Departure Time: 7:15 AM Return Date: May 13, 2023 Return Time: 3:00 PM	NL
May 17, 2023	Wed	Meet (SSC Championships)	Vs. Multiple	4:00 PM	7:55 PM	APHS Track	Class Dismissal: 1:45 PM	Departure Point: GHS EAST Departure Time: 2:00 PM Return Date: Return Time: 7:00 PM	NL
May 18, 2023	Thu	Meet (SSC JV Championships)	Vs. Multiple	4:00 PM	7:55 PM	GHS Track			NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 20, 2023	Sat	Regular Season (Eddy Meet)	Shenendehowa High School, Niskayuna High School @ Schenectady High School (Girls Varsity Track)	9:00 AM		Larry Mulvaney Field		Departure Point: GHS EAST Departure Time: 7:30 AM Return Date: Return Time: 3:00 PM	L
May 24, 2023	Wed	Post-Season (Track Sectionals)	Saratoga Springs High School, Shaker High School, Niskayuna High School, Shenendehowa High School @ Colonie High School	4:00 PM		Colonie High Track			NL
Jun 1, 2023	Thu	Post-Season (STATE QUALIFIERS)	Amsterdam, Schuylerville, Saratoga Springs High School, Niskayuna High School, Shaker High School @ Shenendehowa High School	5:00 PM		Shen High School East Stadium (Track)	Bus/Driver: GCSD	Departure Point: GHS East Departure Date: Jun 1, 2023 Departure Time: 3:00 PM Return Date: Jun 1, 2023 Return Time: 7:00 PM	L
Jun 2, 2023	Fri	Post-Season (STATE QUALIFIERS)	Schuylerville, Amsterdam, Saratoga Springs High School, Niskayuna High School, Shaker High School @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)	Bus/Driver: GCSD	Departure Point: GHS East Departure Date: Jun 2, 2023 Departure Time: 3:00 PM Return Date: Jun 2, 2023 Return Time: 7:00 PM	L

Date: 2026-01-20