

Coaches:

- Chris Scanlan, Head Coach
- Dan Penna, Asst Coach
- Dave Kosier, Asst Coach
- Erica Pfleegor

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 27, 2019	Wed	Regular Season	@ Albany High School	4:15 PM	6:30 PM	Albany Turf Stadium Field	Departure Point: 3 BUSES - EAST GYM Departure Time: 2:40 PM	L
Apr 3, 2019	Wed	Regular Season	Saratoga Springs High School, Colonie High School	4:15 PM		GHS Track		L
Apr 6, 2019	Sat	Regular Season (New Paltz Invy)	@ New Paltz	9:00 AM	8:00 PM	New Paltz HS	Departure Point: EAST 2 BUSES Departure Time: 6:10 AM	L
Apr 10, 2019	Wed	Regular Season	Shenendehowa High School @ Bethlehem High School	4:15 PM	6:30 PM	High School	Departure Point: 3 BUSES EAST Departure Time: 2:40 PM	L
Apr 17, 2019	Wed	Regular Season	Niskayuna High School @ Shaker High School	4:15 PM	6:30 PM		Departure Point: 3 BUSES EAST THEN TO FMS Departure Time: 2:40 PM	L
Apr 20, 2019	Sat	Regular Season (Lady Invitational)	Ballston Spa High School, Colonie High School @ Bethlehem High School		4:00 PM	High School Track	Departure Point: 2 BUSES - EAST Departure Time: 8:00 AM	L
Apr 27, 2019	Sat	Regular Season (KINGSTON TIGERS RELAY)	@ Kingston	9:00 AM	4:00 PM	Dietz Stadium Kingston	Departure Point: EAST 2 BUSES Departure Time: 6:15 AM	L
Apr 30, 2019	Tue	Regular Season	Ballston Spa High School	4:15 PM		GHS Track		L
May 4, 2019	Sat	Regular Season (COLONIE RELAYS)	@ Colonie High School	8:00 AM	5:00 PM	Colonie High School MUG	Departure Point: EAST 1 BUSES Departure Time: 7:00 AM	L
May 11, 2019	Sat	Regular Season (Jack V. Irion Queensbury Invitational)	Corinth (Corinth/HL), Granville, Schuylerville, Amsterdam, Glens Falls, Hudson Falls, Scotia-Glenville, South Glens Falls, Ichabod Crane, Burnt Hills-Ballston Lake HS, Bethlehem High School @ Queensbury	9:30 AM		Queensbury HS		L
May 15, 2019	Wed	Meet (SSC Championships)	Vs. Multiple	4:15 PM		BH-BL HS Track	Departure Point: 1 BUS EAST Departure Time: 2:00 PM Return Date: Return Time: 6:00 PM	NL

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May 17, 2019	Fri	Meet (SSC JV Championships)	Vs. Multiple	4:15 PM		Saratoga Springs High School	Departure Point: 1 BUS - EAST Departure Time: 2:30 PM Return Date: Return Time: 5:30 PM	NL
May 18, 2019	Sat	Regular Season (EDDY MEET)	Colonie High School, Albany High School @ Schenectady High School (Girls Varsity Track)	0.00	4:00 PM	Pat Riley Sports Center- Intramural Gym	Departure Point: NO BUS	L
May 22, 2019	Wed	Post-Season (Group 1 Co-Ed Sectionals)	Shenendehowa High School, Schenectady High School (Girls Varsity Track), Albany High School, Saratoga Springs High School, Shaker High School, Bethlehem High School, Colonie High School, Niskayuna High School, Columbia High School, Ballston Spa High School, Troy, Queensbury, Amsterdam	3:00 PM	8:00 PM	GHS Track		NL
May 22, 2019	Wed	Regular Season (Sectionals)	Schenectady High School (Girls Varsity Track)	3:00 PM		Guilderland High School		L

Date: 2024-05-19