

## Coaches:

- Chris Scanlan, Head Coach
- Dan Penna, Asst Coach
- Dave Kosier, Asst Coach
- Erica Pfleegor

| DATE         | WEEK<br>DAY | ТҮРЕ   | OPPONENTS   | START<br>TIME | END<br>TIME | LOCATION                              | TRANSPORTATION   | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|--|---|---------------|-------------|---------------------------------------|--|----------------------------|
| Apr 6, 2024  | Sat         | Regular Season<br>(Frigid Cup<br>Invitational)               | Ballston Spa High<br>School, Shaker High<br>School  | 10:00<br>AM   | 5:00<br>PM  | GHS Track                             |  | NL                         |
| Apr 8, 2024  | Mon         | Regular Season   | Troy  | 5:00<br>PM    | 7:30<br>PM  | GHS Track                             |  | L                          |
| Apr 17, 2024 | Wed         | Regular Season   | Colonie High School<br>@ Saratoga Springs<br>High School  | 4:15<br>PM    | 6:55<br>PM  | Saratoga<br>Springs<br>High<br>School | Departure Point:<br>GHS East<br>Departure Time:<br>2:20 PM | L                          |
| Apr 22, 2024 | Mon         | Regular Season   | Bethlehem High<br>School,<br>Shenendehowa High<br>School  | 4:15<br>PM    | 6:55<br>PM  | GHS Track                             |  | L                          |
| May 1, 2024  | Wed         | Regular Season   | Shaker High School<br>@ Niskayuna High<br>School  | 4:15<br>PM    | 6:55<br>PM  | High<br>School                        | Departure Point:<br>GHS East<br>Departure Time:<br>2:20 PM | L                          |
| May 8, 2024  | Wed         | Regular Season   | Ballston Spa High<br>School   | 4:15<br>PM    | 6:30<br>PM  | GHS Track                             |  | L                          |
| May 14, 2024 | Tue         | Regular Season<br>(Suburban Council<br>Girl's Championships) | Albany High School,<br>Shenendehowa High<br>School, Niskayuna<br>High School, Averill<br>Park High School,<br>Burnt Hills-Ballston<br>Lake HS,<br>Schenectady High<br>School (Girls Varsity<br>Track), Shaker High<br>School, Saratoga<br>Springs High School,<br>Colonie High School,<br>Troy, Bethlehem High<br>School, Columbia<br>High School, Ballston<br>Spa High School @<br>TBD | 4:15<br>PM    | 7:30<br>PM  | APHS<br>Track                         | Departure Point:<br>GHS East<br>Departure Time:<br>2:00 PM | L                          |
| May 22, 2024 | Wed         | Regular Season<br>(Sectionals at<br>Guilderland)             | Albany High School  | 4:00<br>PM    | 5:00<br>PM  | GHS Track                             |  | L                          |
| May 30, 2024 | Thu         | Post-Season (State Qualifiers)                               | Schuylerville   | 4:00<br>PM    |             | TBD                                   |  | L                          |
| May 30, 2024 | Thu         | Regular Season<br>(State Qualifier @<br>Guilderland)         | Albany High School  | 4:00<br>PM    | 5:00<br>PM  | GHS Track                             |  | L                          |
| May 31, 2024 | Fri         | Regular Season<br>(State Qualifier @<br>Guilderland)         | Albany High School  | 4:00<br>PM    | 5:00<br>PM  | GHS Track                             |  | L                          |
| May 31, 2024 | Fri         | Post-Season (State Qualifiers)                               | Schuylerville   | 4:00<br>PM    |             | TBD                                   |  | L                          |

Date: 2024-05-03