



# Guilderland High School

## (B) V Outdoor Track

### Coaches:

- Jason Usher, Head Coach
- Dan Penna, Asst Coach
- Julianne Scanlan, Asst Coach
- Dan Smitas

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 6, 2024	Sat	Regular Season (Frigid Cup Invitational)	Ballston Spa High School, Christian Brothers Academy, Albany	10:00 AM	5:00 PM	GHS Track		NL
Apr 8, 2024	Mon	Regular Season	Troy	5:00 PM	7:30 PM	GHS Track		L
Apr 16, 2024	Tue	Regular Season	Colonie High School @ Saratoga Springs High School	4:15 PM	6:55 PM	Saratoga Springs High School	<b>Departure Point:</b> GHS Main Entrance <b>Departure Time:</b> 2:15 PM	L
Apr 24, 2024	Wed	Regular Season	Bethlehem High School, Shenendehowa High School	4:15 PM	6:55 PM	GHS Track		L
May 1, 2024	Wed	Regular Season	Shaker High School @ Niskayuna High School	4:15 PM	6:55 PM	Niskayuna High School	<b>Departure Point:</b> GHS East <b>Departure Time:</b> 2:30 PM	L
May 8, 2024	Wed	Regular Season	Ballston Spa High School @ Christian Brothers Academy, Albany	4:15 PM	6:55 PM	CBA Track	<b>Departure Point:</b> GHS East <b>Departure Time:</b> 2:30 PM	L
May 15, 2024	Wed	Regular Season (Suburban Council boy's Championships)	Shenendehowa High School, Averill Park High School, Burnt Hills-Ballston Lake HS, Schenectady High School (Boys Varsity Track), Christian Brothers Academy, Albany, Shaker High School, Saratoga Springs High School, Colonie High School, Albany High School, Troy, Bethlehem High School, Columbia High School, Ballston Spa High School @ Niskayuna High School	4:15 PM	7:00 PM	Niskayuna High School		L
May 22, 2024	Wed	Regular Season (Sectionals at Guilderland)	Albany High School, Saratoga Springs High School	4:00 PM		GHS Track		L
May 30, 2024	Thu	Post-Season (State Qualifiers)	Greenville	4:00 PM		GHS Track		NL
May 30, 2024	Thu	Regular Season (State Qualifier @ Guilderland)	Albany High School	4:00 PM		GHS Track		L
May 30, 2024	Thu	Post-Season (State Qualifiers)	Lake George	4:00 PM	5:00 PM	GHS Track		NL
May 30, 2024	Thu	Post-Season (State Qualifiers)	Schuylerville, Christian Brothers Academy, Albany	4:00 PM	8:00 PM	GHS Track		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 31, 2024	Fri	Regular Season (State Qualifier @ Guilderland)	Albany High School	4:00 PM	5:00 PM	GHS Track		L
May 31, 2024	Fri	Post-Season (State Qualifiers)	Schuylerville, Christian Brothers Academy, Albany	4:00 PM		GHS Track		L
May 31, 2024	Fri	Post-Season (State Qualifiers)	Lake George	4:00 PM		GHS Track		NL
May 31, 2024	Fri	Post-Season (State Qualifiers)	Greenville	4:00 PM		GHS Track		NL

Date: 2025-12-19