



Guilderland High School

(B) V Outdoor Track

Coaches:

- Jason Usher, Head Coach
- Dan Penna, Asst Coach
- Julianne Scanlan, Asst Coach
- Dan Smitas

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 1, 2023	Sat	Regular Season (FRIGID CUP INVY)	Averill Park High School, Ballston Spa High School, Bethlehem High School, Catholic Central, Troy, Christian Brothers Academy, Albany, Columbia High School, Fair Haven, Ichabod Crane, Shaker High School	10:00 AM	3:00 PM	GHS Track			NL
Apr 5, 2023	Wed	Regular Season	@ Troy	4:45 PM	6:55 PM	Track	Departure Point: GHS EAST Departure Time: 3:00 PM		L
Apr 19, 2023	Wed	Regular Season	Saratoga Springs High School, Colonie High School	4:15 PM	6:55 PM	GHS Track			L
Apr 21, 2023	Fri	Regular Season (Medley Relay Challenge)	@ Mohonasen	4:40 PM		Mohonasen HS	Class Dismissal: 2:25 PM	Departure Point: GHS EAST Departure Time: 2:40 PM	L
Apr 22, 2023	Sat	Regular Season (Warrior Classic Invy)	@ Mohonasen	9:15 AM		TBD	Departure Point: GHS EAST Departure Time: 8:00 AM Return Date: Return Time: 2:00 PM		NL
Apr 26, 2023	Wed	Regular Season	Shenendehowa High School @ Bethlehem High School	4:15 PM	6:55 PM	High School Track	Departure Point: GHS WEST Departure Time: 2:45 PM Return Date: Return Time: 6:30 PM		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 29, 2023	Sat	Regular Season (Anthony Luciano Memorial Track Invitational)	Coxsackie-Athens, Greenville, Saranac, Queensbury, South Glens Falls, Glens Falls, Burnt Hills-Ballston Lake HS, Schuylerville, Beekmantown, Ausable Valley, Broadalbin-Perth, Shaker High School, Lake George, Ichabod Crane, Greenwich, Mount Anthony, Stillwater, Ballston Spa High School, Scotia-Glenville, Taconic Hills @ Hudson Falls	9:30 AM		Hudson Falls HS		Departure Point: GHS EAST Departure Time: 7:00 AM Return Date: Return Time: 3:00 PM	NL
May 3, 2023	Wed	Regular Season	Niskayuna High School @ Shaker High School	4:15 PM	6:55 PM	Arthur Walker Field-Shaker High School	Class Dismissal: 2:15 PM	Departure Point: GHS EAST Departure Time: 2:30 PM Return Date: Return Time: 6:30 PM	L
May 10, 2023	Wed	Regular Season	Christian Brothers Academy, Albany, Ballston Spa High School	4:15 PM	6:55 PM	GHS Track			L
May 12, 2023	Fri	Regular Season (SHEN INVY)	Shaker High School, Burnt Hills-Ballston Lake HS, Colonie High School, Schenectady High School (Boys Varsity Track), Albany High School, Niskayuna High School @ Shenendehowa High School	4:00 PM	10:00 PM	Shen High School East Stadium (Track)	Class Dismissal: 1:45 PM	Departure Point: GHS EAST Departure Time: 2:00 PM Return Date: Return Time: 9:00 PM	L
May 12, 2023	Fri	Regular Season	@ TBD	4:30 PM	8:00 PM	Mohonasen HS			NL
May 16, 2023	Tue	Meet (SSC Championships)	Vs. Multiple	4:00 PM	7:55 PM	Saratoga Springs High School		Departure Point: GHS EAST Departure Time: 2:15 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 18, 2023	Thu	Meet (SSC JV Championships (Troy HS))	Vs. Multiple	4:00 PM	7:55 PM	Track	Class Dismissal: 2:15 PM	Departure Point: GHS EAST Departure Time: 2:30 PM Return Date: Return Time: 8:00 PM	NL
May 20, 2023	Sat	Regular Season (Eddy Meet)	Saratoga Springs High School, Shenendehowa High School, Niskayuna High School @ Schenectady High School (Boys Varsity Track)	9:00 AM		Larry Mulvaney Field			L
May 24, 2023	Wed	Post-Season (Track Sectionals)	Saratoga Springs High School, Shenendehowa High School, Shaker High School, Niskayuna High School @ Colonie High School	4:00 PM		Colonie High Track			NL
Jun 1, 2023	Thu	Post-Season (STATE QUALIFIERS)	Amsterdam, Schuylerville, Saratoga Springs High School, Niskayuna High School, Shaker High School @ Shenendehowa High School	5:00 PM		Shen High School East Stadium (Track)	Bus/Driver: GCSD	Departure Point: GHS East Departure Date: Jun 1, 2023 Departure Time: 3:00 PM Return Date: Jun 1, 2023 Return Time: 7:00 PM	L
Jun 2, 2023	Fri	Post-Season (STATE QUALIFIERS)	Amsterdam, Schuylerville, Saratoga Springs High School, Niskayuna High School, Shaker High School @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)	Bus/Driver: GCSD	Departure Point: GHS East Departure Date: Jun 2, 2023 Departure Time: 3:00 PM Return Date: Jun 2, 2023 Return Time: 7:00 PM	L

Date: 2025-12-19