

Coaches:

- Jason Usher, Head Coach
- Dan Penna, Asst Coach
- Mark Reynders, Asst Coach
- Julianne Scanlan, Asst Coach
- Dan Smitas

DATE	WEEK TY	YPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 16, 2024	Tue R	tegular Season	Colonie High School @ Saratoga Springs High School	4:15 PM	6:55 PM	Saratoga Springs High School	Departure Point: GHS Main Entrance Departure Time: 2:15 PM	L
May 1, 2024	Wed R	legular Season	Shaker High School @ Niskayuna High School	4:15 PM	6:55 PM	High School	Departure Point: GHS East Departure Time: 2:30 PM	L
May 8, 2024	Wed R	legular Season	Ballston Spa High School @ Christian Brothers Academy, Albany	4:15 PM	6:55 PM	CBA Track	Departure Point: GHS East Departure Time: 2:30 PM	L
May 15, 2024	Wed (S	legular Season Suburban Council oy's Championships)	Shenendehowa High School, Averill Park High School, Burnt Hills-Ballston Lake HS, Schenectady High School (Boys Varsity Track), Christian Brothers Academy, Albany, Shaker High School, Saratoga Springs High School, Colonie High School, Troy, Bethlehem High School, Columbia High School, Ballston Spa High School @ Niskayuna High School	4:15 PM	7:00 PM	High School		L

Date: 2024-05-02