



Guilderland High School

Boys Varsity Lacrosse

2023 - 2024

Athletics Director: Dave Austin

8 School Rd
Guilderland Center, NY, 12085
(518) 861-8591 ext. 4000
www.guilderlandschools.org

Coaches:

- Sean McConaghy, Head Coach
- Kris Bremer

Players (28)

NAME	GRADE	NUMBER
Andrew Altieri	11	3
Jordan Aucompaugh	11	23
Jack Ayers	12	
Abdo Baraeya	10	24
Jeremiah Beggs	10	15
Ian Carr	11	17
Keegan Castleman	9	5
Kai Chen	12	28
Keegan DeBoom	11	7
Nicholas Donlon	11	1
Thomas Dwyer	10	4
Jackson Eberz	10	14
Kyle Efaw	11	9
Klaidi Gjini	11	27
Alexander Goldman	9	6
Jacob Gordon	9	
Quinn Helfrich	11	25
Jack Hodorowski	11	21
Seamus Kelty	12	20
Conner Kisby	12	10
Sai Kommineni	12	11
Brendan Laster	12	30
Ian Len	12	18
Cooper McConaghy	11	12
Emerson Nezaj	10	2
Maxwell Novitsky	11	13
Lucas Roberts	11	16
Lee Warren	9	22