



Guilderland High School

(B) V Cross Country

Coaches:

- Julianne Scanlan, Head Coach
- Dan Smitas, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 2, 2025	Tue	Regular Season	Averill Park High School, Bethlehem High School @ Schenectady High School	4:15 PM	5:55 PM	Central Park			L
Sep 6, 2025	Sat	Regular Season (Niskayuna XC Ekiden- Iroquois Middle School)	@ TBD	10:00 AM		TBD			NL
Sep 9, 2025	Tue	Regular Season	Colonie High School, Shaker High School, Shenendehowa High School	4:15 PM	5:55 PM	Tawasentha Park			L
Sep 13, 2025	Sat	Regular Season (Queensbury-Adirondack Cross Country Classic Invitational-Queensbury HS)	@ TBD	9:00 AM		TBD		Departure Point: GHS East Departure Time: 8:45 AM Return Date: Return Time: 3:10 PM	NL
Sep 16, 2025	Tue	Regular Season 50-35-98 L	Columbia High School @ Niskayuna High School	4:15 PM	5:55 PM	Iroquois Middle School		Departure Point: GHS East Departure Time: 2:15 PM Return Date: Return Time: 6:30 PM	L
Sep 20, 2025	Sat	Regular Season (Baldwinsville Cross Country Invitational-Durgee High School (29 East Oneida Street, Baldwinsville NY 13027)	@ TBD	10:30 AM	3:00 PM	TBD			NL
Sep 27, 2025	Sat	Regular Season (McQuaid Invitational-Genesee Valley Park (1000 E River Rd, Rochester, NY 14623)	@ TBD	9:00 AM		TBD	Bus/Driver: Charter Bus	Departure Point: GHS East Departure Time: 1:15 PM	NL
Sep 30, 2025	Tue	Regular Season 20-24-15-0 L	Burnt Hills-Ballston Lake HS, Albany High School, Saratoga Springs High School	4:15 PM	5:55 PM	Tawasentha Park			L

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Oct 4, 2025	Sat	Regular Season (Saratoga Invitational-Pitney Meadows Community Farm (223 West Ave, Saratoga Springs NY 12866))	@ TBD	10:30 AM		TBD			NL
Oct 7, 2025	Tue	Regular Season	Ballston Spa High School @ Christian Brothers Academy, Albany	4:15 PM	5:55 PM	Colonie Mohawk River Park			L
Oct 11, 2025	Sat	Regular Season (Burnt Hills XC Invitational-SPAC)	@ TBD	TBD		TBD			NL
Oct 17, 2025	Fri	Regular Season (Albany County Kiwanis XC Meet- Colonie Mohawk River Park (71 Schermerhorn Rd, Cohoes, NY 12047))	@ TBD	3:30 PM	6:00 PM	TBD			NL
Oct 25, 2025	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:25 PM	Saratoga Spa State Park			NL

Date: 2025-12-14