



Guilderland High School

(B) V Cross Country

Coaches:

- Julianne Scanlan, Head Coach
- Dan Smitas, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2022	Tue	Regular Season	Columbia High School, Albany High School @ Schenectady High School	4:30 PM	5:55 PM	Iroquois Middle School, Niskayuna	Departure Point: EAST Departure Time: 3:00 PM	L
Sep 10, 2022	Sat	Regular Season (Blackbird Invy)	@ Voorheesville	TBD		TBD		NL
Sep 13, 2022	Tue	Regular Season	Burnt Hills-Ballston Lake HS, Troy @ Colonie High School	4:15 PM	5:55 PM	TBD	Departure Point: EAST TO FMS Departure Time: 2:45 PM	L
Sep 20, 2022	Tue	Regular Season	Bethlehem High School, Christian Brothers Academy, Albany @ Niskayuna High School	4:15 PM	5:55 PM	Iroquois Middle School		L
Sep 27, 2022	Tue	Regular Season	Shaker High School, Averill Park High School	4:15 PM	5:55 PM	Tawasentha Park		L
Oct 11, 2022	Tue	Regular Season	Ballston Spa High School, Shenendehowa High School, Saratoga Springs High School	4:15 PM	5:55 PM	Tawasentha Park		L
Oct 29, 2022	Sat	Meet (SSC Championships)	Vs. Multiple	9:00 AM	1:55 PM	Saratoga Spa State Park		NL

Date: 2022-08-11