



Guilderland High School

(B) V Cross Country

Coaches:

- Julianne Scanlan, Head Coach
- Dan Smitas, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2019	Tue	Regular Season 26-25-33-40 L	Burnt Hills-Ballston Lake HS, Niskayuna High School, Averill Park High School	4:15 PM	5:55 PM	Tawasentha Park		L
Sep 17, 2019	Tue	Regular Season	Bethlehem High School @ Albany High School	4:15 PM	6:30 PM	Capital Hills Golf Course	Departure Point: NEW GYM 3 BUSES WITH GIRLS Departure Time: 2:40 PM	L
Sep 21, 2019	Sat	Regular Season (Guilderland Invitational)	Colonie High School, Schenectady High School, Shaker High School, Oriskany, Sauquoit Valley, Greenwich	7:30 AM		Tawasentha Park		L
Sep 24, 2019	Tue	Regular Season	Schenectady High School, Ballston Spa High School @ Shaker High School	4:15 PM	6:30 PM	Colonie Mohawk River Town Park	Departure Point: NEW GYM 3 BUSES WITH GIRLS Departure Time: 2:40 PM	L
Sep 28, 2019	Sat	Regular Season (INVY)	@ McQuaid Jesuit	8:00 AM		TBD	Departure Point: NO BUSES	L
Oct 2, 2019	Wed	Regular Season	Christian Brothers Academy, Albany, Shenendehowa High School, Columbia High School	4:15 PM	5:55 PM	Tawasentha Park		L
Oct 15, 2019	Tue	Regular Season	Saratoga Springs High School, Troy @ Colonie High School	4:15 PM	6:00 PM	The Crossings of Colonie	Departure Point: WEST GYM 1 BUS Departure Time: 2:40 PM	L
Oct 18, 2019	Fri	Regular Season (Albany County Meet At Crossings)	@ TBD	3:40 PM	5:45 PM	TBD	Departure Point: WEST GYM 3 BUSES FOR BOYS AND GIRLS Departure Time: 2:40 PM	L
Oct 26, 2019	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park	Departure Point: WEST GYM 1 BUS Departure Time: 12:00 PM Return Date: Return Time: 4:30 PM	NL
Nov 4, 2019	Mon	Post-Season (SECTIONALS - SPAC)	@ TBD	9:00 AM	2:15 PM	TBD	Departure Point: WEST GYM 1 BUS Departure Time: 7:45 AM	L
Nov 23, 2019	Sat	Post-Season (FEDERATION MEET--BOWDOIN PARK WAPPINGERS FALLS)	@ TBD	12:00 PM	2:00 PM	TBD	Departure Point: WEST GYM 1 BUS Departure Time: 7:30 AM	NL

Date: 2026-07-08

