



# Guilderland High School

## (B) V Cross Country

### Coaches:

- Julianne Scanlan, Head Coach
- Dan Smitas, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 9, 2023	Sat	Regular Season (Voorheesville Black Bird Invitational )	@ TBD	TBD		TBD	Bus/Driver: GCSD	Departure Point: GHS East Departure Date: Sep 9, 2023 Departure Time: 7:50 AM	NL
Sep 16, 2023	Sat	Regular Season (VVS Cross Country Invitational )	@ TBD	TBD		TBD	Bus/Driver: GCSD	Departure Point: GHS East Departure Date: Sep 16, 2023 Departure Time: 6:45 AM Return Date: Sep 16, 2023 Return Time: 11:30 AM	NL
Sep 19, 2023	Tue	Regular Season	Niskayuna High School, Bethlehem High School @ Schenectady High School	4:15 PM	5:55 PM	Tawasentha Park	Bus/Driver: GCSD Class Dismissal: 2:45 PM	Departure Point: GHS East Departure Date: Sep 19, 2023 Departure Time: 3:00 PM	L
Sep 23, 2023	Sat	Regular Season (19th Annual Queensbury Adirondack XC Invitational )	@ TBD	9:00 AM		TBD	Bus/Driver: GCSD	Departure Point: GHS East Departure Date: Sep 23, 2023 Departure Time: 7:30 AM Return Date: Sep 23, 2023 Return Time: 4:30 PM	NL
Oct 3, 2023	Tue	Regular Season	Burnt Hills-Ballston Lake HS, Colonie High School @ Christian Brothers Academy, Albany	4:15 PM	5:55 PM	Colonie Town Park	Bus/Driver: Wade Tours Class Dismissal: 2:15 PM	Departure Point: GHS East Departure Date: Oct 3, 2023 Departure Time: 2:30 PM Return Date: Oct 3, 2023 Return Time: 5:45 PM	L
Oct 14, 2023	Sat	Regular Season (Burnt Hills XC Invitational )	@ TBD	9:00 AM		TBD	Bus/Driver: GCSD	Departure Point: GHS East Departure Date: Oct 14, 2023 Departure Time: 7:00 AM Return Date: Oct 14, 2023 Return Time: 1:00 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 17, 2023	Tue	Regular Season	Ballston Spa High School @ Columbia High School	4:15 PM	6:15 PM	Cross Country B&G - Schodack Island State Park	<b>Bus/Driver:</b> Yankee Trails <b>Class Dismissal:</b> 2:15 PM	<b>Departure Point:</b> GHS East <b>Departure Date:</b> Oct 17, 2023 <b>Departure Time:</b> 2:30 PM <b>Return Date:</b> Oct 17, 2023 <b>Return Time:</b> 5:30 PM	L
Oct 20, 2023	Fri	Regular Season (Kiwanis Cross Country Meet )	@ TBD	3:40 PM		TBD	<b>Bus/Driver:</b> GCSD <b>Class Dismissal:</b> 1:55 PM	<b>Departure Point:</b> GHS East <b>Departure Date:</b> Oct 20, 2023 <b>Departure Time:</b> 2:10 PM <b>Return Date:</b> Oct 20, 2023 <b>Return Time:</b> 5:50 PM	NL
Oct 28, 2023	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:55 PM	Saratoga Spa State Park	<b>Bus/Driver:</b> GCSD	<b>Departure Point:</b> GHS East <b>Departure Date:</b> Oct 28, 2023 <b>Departure Time:</b> 10:30 AM <b>Return Date:</b> Oct 28, 2023 <b>Return Time:</b> 4:00 PM	NL

Date: 2024-05-05