



# Guilderland High School

## (G) V Cross Country

### Coaches:

- Dave Kosier, Head Coach
- Chris Scanlan

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 2, 2025	Tue	Regular Season	Averill Park High School, Bethlehem High School @ Schenectady High School	4:15 PM	5:55 PM	Central Park			L
Sep 6, 2025	Sat	Regular Season (Mustang Invitational)	Remsen, Utica Proctor, Auburn, Camden, Weedsport, Fayetteville-Manlius, Chittenango, Canastota, South Lewis, Jamesville-Dewitt, Cicero-North Syracuse, Onondaga Central, Jordan-Elbridge, Marcellus, Beaver River, Watertown, Pulaski, Baldwinsville, Indian River, Liverpool, Phoenix, West Genesee, Tully, New Hartford, Notre Dame, Utica, Holland Patent, Waterville, Clinton, Fabius-Pompey, Vernon-Verona-Sherrill, Oneida, Cazenovia, Whitesboro, DeRuyter, Hamilton, Central Square, Nottingham (Nottingham), Central Valley Academy @ Mount Markham	8:00 AM		Mount Markham HS			NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 9, 2025	Tue	Regular Season	Colonie High School, Shaker High School, Shenendehowa High School	4:15 PM	5:55 PM	Tawasentha Park			L
Sep 13, 2025	Sat	Regular Season (Queensbury-Adirondack Cross Country Classic Invitational-Queensbury HS)	@ TBD	9:00 AM		TBD			NL
Sep 16, 2025	Tue	Regular Season	Columbia High School @ Niskayuna High School	4:15 PM	5:55 PM	Iroquois Middle School			L
Sep 20, 2025	Sat	Regular Season (Baldwinsville Cross Country Invitational-Durgee High School (29 East Oneida Street, Baldwinsville NY 13027)	@ TBD	10:30 AM	3:00 PM	TBD			NL
Sep 27, 2025	Sat	Regular Season (McQuaid Invitational-Genesee Valley Park (1000 E River Rd, Rochester, NY 14623)	@ TBD	9:00 AM		TBD	Bus/Driver: Charter us	Departure Point: GHS East Departure Date: Sep 26, 2025 Departure Time: 1:15 PM	NL
Sep 30, 2025	Tue	Regular Season	Burnt Hills-Ballston Lake HS, Albany High School, Saratoga Springs High School	4:15 PM	5:55 PM	Tawasentha Park			L
Oct 7, 2025	Tue	Regular Season	Ballston Spa High School @ Christian Brothers Academy, Albany (Girls Cross Country)	4:30 PM	6:00 PM	CBA, Albany			L
Oct 11, 2025	Sat	Regular Season (Burnt Hills XC Invitational-SPAC)	@ TBD	TBD		TBD			NL
Oct 17, 2025	Fri	Regular Season (Albany County Kiwanis XC Meet- Colonie Mohawk River Park (71 Schermerhorn Rd, Cohoes, NY 12047))	@ TBD	3:30 PM	6:00 PM	TBD			NL
Oct 25, 2025	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:25 PM	Saratoga Spa State Park			NL

Date: 2025-12-05