

Coaches:

- Dave Kosier, Head Coach
- Chris Scanlan

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 11, 2021	Sat	Regular Season	@ TBD	9:00 AM	1:30 PM	TBD	Departure Point: East ride with boys Departure Time: 7:30 AM	L
Sep 14, 2021	Tue	Regular Season	Schenectady High School, Albany High School @ Columbia High School	4:15 PM	5:55 PM	Cross Country B&G - Schodack Island State Park	Departure Point: CHARTER -2 BUSES BOYS & GIRLS RIDE WITH G GOLF TO FMA DROP Departure Time: 2:15 PM	L
Sep 18, 2021	Sat	Regular Season (FORT PLAIN INVY)	@ Fort Plain	9:00 AM	1:30 PM	TBD	Departure Point: west gym to HH Hoag elementary Departure Time: 7:30 AM	NL
Sep 21, 2021	Tue	Regular Season	Burnt Hills-Ballston Lake HS, Troy, Colonie High School	4:15 PM		Tawasentha Park		L
Sep 24, 2021	Fri	Regular Season (OCEAN STATE INVY 9/24-25)	@ TBD	TBD		TBD		L
Sep 28, 2021	Tue	Regular Season	Bethlehem High School, Niskayuna High School	4:15 PM	5:55 PM	Tawasentha Park	Departure Point: WEST DROP RIDE WITH BOYS Departure Time: 3:15 PM	L
Oct 2, 2021	Sat	Regular Season (GUILDERLAND INVY)	Saratoga Springs High School, Colonie High School, Averill Park High School, Berlin, Chatham, Duanesburg, Maple Hill	9:00 AM		Tawasentha Park		L
Oct 2, 2021	Sat	Regular Season (Guilderland Invitational)	Chatham	9:00 AM		Tawasentha Park		NL
Oct 5, 2021	Tue	Regular Season	Averill Park High School @ Shaker High School	4:15 PM	5:55 PM	The Crossings	Departure Point: ghs west to fms Departure Time: 2:45 PM	L
Oct 9, 2021	Sat	Regular Season (MANHATTAN INVY)	@ TBD	TBD		TBD		L
Oct 12, 2021	Tue	Regular Season	Shenendehowa High School, Saratoga Springs High School @ Ballston Spa High School	4:15 PM		Saratoga State Park	Departure Point: CHARTER CHARTER GHS TO FMS Departure Time: 2:15 PM	L
Oct 16, 2021	Sat	Regular Season (BHBL INVY)	@ TBD	TBD		TBD	Departure Point: GHS WEST Departure Time: 9:00 AM Return Date: Return Time: 4:30 PM	L

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Oct 22, 2021	Fri	Regular Season (Albany Kiwanis Meet)	Albany Academies, Albany High School, Berne-Knox- Westerlo, Bethlehem High School, Cohoes, Ravena- Coeymans, Shaker High School, Voorheesville, Watervliet @ Colonie High School	3:30 PM	5:15 PM	The Crossings of Colonie	Departure Point: GHS WEST TO FMS Departure Time: 1:45 PM	L
Oct 28, 2021	Thu	Regular Season (FOLLIES)	@ TBD	4:30 PM		Tawasentha Park	Departure Point: ghs west to Tawasentha may have to make 2 trips Departure Time: 3:15 PM	L
Oct 30, 2021	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM	4:55 PM	Saratoga Spa State Park	Departure Point: 2 BUSES GHS WEST Departure Time: 11:45 AM Return Date: Return Time: 4:30 PM	NL
Nov 5, 2021	Fri	Post-Season (SECTIONALS)	TBD	12:30 PM	3:00 PM	TBD	Departure Point: ghs west to fms to SPAC Departure Time: 10:00 AM	L

Date: 2025-12-19