



# Guilderland High School

## (G) V Cross Country

### Coaches:

- Dave Kosier, Head Coach
- Chris Scanlan

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 29, 2018	Wed	Scrimmage	@ Mohonasen	9:00 AM	11:15 AM	Saratoga State Park		<b>Departure Point:</b> By New Gym - 2 BUSES <b>Departure Time:</b> 7:15 AM <b>Return Date:</b> <b>Return Time:</b> 12:00 PM	L
Aug 29, 2018	Wed	Scrimmage	Mohonasen @ Shaker High School	9:30 AM	12:00 PM	Saratoga State Park			L
Sep 4, 2018	Tue	Regular Season	Bethlehem High School @ Shaker High School	4:15 PM		Colonie Mohawk River Town Park		<b>Departure Point:</b> By New Gym <b>Departure Time:</b> 2:40 AM <b>Return Date:</b> <b>Return Time:</b> 6:30 PM	L
Sep 8, 2018	Sat	Regular Season (Guilderland XC Invy)	TBD	9:00 AM		Tawasentha Park			L
Sep 8, 2018	Sat	Regular Season (48th Guilderland International XC Invitational)	Schuylerville	9:00 AM		TBD			NL
Sep 8, 2018	Sat	Regular Season (Invitational)	Burnt Hills-Ballston Lake HS	9:00 AM		Tawasentha Park			L
Sep 11, 2018	Tue	Regular Season	Schenectady High School, Averill Park High School @ Niskayuna High School	4:15 PM		Iroquois Middle School		<b>Departure Point:</b> By New Gym <b>Departure Time:</b> 2:40 AM <b>Return Date:</b> <b>Return Time:</b> 6:30 PM	L
Sep 15, 2018	Sat	Regular Season (FORT PLAIN XC INVY)	Fort Plain	9:00 AM		Fort Plain HS		<b>Departure Time:</b> 6:30 AM	NL
Sep 21, 2018	Fri	Regular Season (Ocean State XC Invy)	TBD	9:00 AM		Goddard State Park - RI	<b>Bus/Driver:</b> WADE TOURS	<b>Departure Point:</b> By New Gym <b>Departure Time:</b> 12:30 PM	NL
Sep 25, 2018	Tue	Regular Season	Saratoga Springs High School, Troy	4:15 PM		Tawasentha Park			L
Sep 26, 2018	Wed	Regular Season	@ Mohonasen	4:15 PM	6:30 PM	Tawasentha Park		<b>Departure Point:</b> By New Gym - 3 BUSES <b>Departure Time:</b> 2:40 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 29, 2018	Sat	Regular Season (South Glens Falls XC Invy)	@ South Glens Falls	9:00 AM		Moreau Recreational Park		<b>Departure Point:</b> By New Gym - 3 BUSES <b>Departure Time:</b> 7:15 AM <b>Return Date:</b> <b>Return Time:</b> 1:00 PM	NL
Oct 3, 2018	Wed	Regular Season	Colonie High School, Columbia High School, Burnt Hills-Ballston Lake HS	4:15 PM		Tawasentha Park			L
Oct 9, 2018	Tue	Regular Season	Ballston Spa High School, Albany High School @ Shenendehowa High School	4:15 PM		TBD		<b>Departure Point:</b> By New Gym <b>Departure Time:</b> 2:40 AM <b>Return Date:</b> <b>Return Time:</b> 6:30 PM	L
Oct 13, 2018	Sat	Regular Season (Burnt Hills XC Invy)	@ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga State Park		<b>Departure Time:</b> 7:00 AM	L
POSTPONED Oct 27, 2018	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park		<b>Departure Point:</b> By New Gym - 1 BUS <b>Departure Time:</b> 11:00 PM <b>Return Date:</b> <b>Return Time:</b> 5:00 PM	NL

Date: 2026-01-20