

Coaches:

• Mary Schmitz, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 23, 2022	Wed	Scrimmage	@ Maple Hill	10:30 AM	12:00 PM	MHHS Gym	Departure Point: WEST Departure Time: 9:00 AM	NL
Nov 26, 2022	Sat	Scrimmage	@ Ichabod Crane	9:00 AM	10:45 AM	Ichabod Crane MS	Departure Point: WEST Departure Time: 7:45 AM	NL
Nov 30, 2022	Wed	Regular Season	Mohonasen	4:00 PM	5:25 PM	Guilderland High School West (Big) Gym		NL
Dec 2, 2022	Fri	Regular Season (Queensbury Tournament)	Hudson Falls, Niskayuna High School, Glens Falls, Cohoes @ Queensbury	4:30 PM	9:30 PM	Queensbury HS, Gold Gym	Departure Point: WEST TO FMS RIDE WITH V Departure Time: 2:45 PM	NL
Dec 3, 2022	Sat	Regular Season (Queensbury MB tournament)	Cohoes, Hudson Falls, Niskayuna High School, Glens Falls @ Queensbury	11:00 AM	3:30 PM	Queensbury HS, Gold Gym	Departure Point: WEST RIDE WITH V Departure Time: 12:15 PM	NL
Dec 6, 2022	Tue	Regular Season	Bethlehem High School	5:30 PM	6:55 PM	Guilderland High School West (Big) Gym		L
Dec 9, 2022	Fri	Regular Season	@ Colonie High School	5:30 PM	6:55 PM	Colonie High School MUG (Main Gymnasium)	Departure Point: WEST TO FMS RIDE WITH MOD 9 Departure Time: 2:45 PM	L
Dec 13, 2022	Tue	Regular Season	Schenectady High School (Girls JV Basketball)	4:30 PM	5:55 PM	Guilderland High School West (Big) Gym		L
Dec 17, 2022	Sat	Regular Season	@ Saratoga Springs High School	12:00 PM	1:30 PM	SSHS BLUE GYM	Departure Point: GHS WEST TO FMS RIDE WITH MOD 9 Departure Time: 2:30 PM	L
Dec 20, 2022	Tue	Regular Season 42-29 W	Ballston Spa High School	5:30 PM	6:55 PM	Guilderland High School West (Big) Gym		L
Dec 28, 2022	Wed	Regular Season (Impact Athletic Center Holiday Showcase)	Colonie High School	1:45 PM	3:10 PM	Impact Athletic Center	Departure Point: GHS WEST Departure Time: 12:30 PM	NL
Dec 29, 2022	Thu	Regular Season	@ Niskayuna High School	1:45 PM	3:10 PM	Impact Athletic Center	Departure Point: GHS WEST Departure Time: 12:30 PM	NL
Jan 6, 2023	Fri	Regular Season	Niskayuna High School	5:30 PM	6:55 PM	Guilderland High School West (Big) Gym		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 11, 2023	Wed	Regular Season	@ Kingston	5:00 PM	8:00 PM	Kingston HS	Departure Point: GHS WEST TO FMS RIDE WITH VARSITY Departure Time: 2:45 PM	NL
Jan 13, 2023	Fri	Regular Season	Shenendehowa High School	5:30 PM	6:55 PM	Guilderland High School West (Big) Gym		L
Jan 17, 2023	Tue	Regular Season	Albany High School	5:30 PM	6:55 PM	Guilderland High School West (Big) Gym		L
Jan 20, 2023	Fri	Regular Season	@ Troy	4:30 PM	6:55 PM	High School	Departure Point: GHS WEST TO FMS Departure Time: 2:45 PM	L
Jan 27, 2023	Fri	Regular Season	@ Averill Park High School	5:30 PM	6:55 PM	APHS Main Gymnasium	Departure Point: GHS WEST Departure Time: 3:45 PM	L
Jan 31, 2023	Tue	Regular Season	Shaker High School	5:30 PM	6:55 PM	Guilderland High School West (Big) Gym		L
Feb 3, 2023	Fri	Regular Season	@ Burnt Hills- Ballston Lake HS	4:30 PM	8:00 PM	BH-BL HS Gym	Departure Point: GHS WEST RIDE WITH VARSITY Departure Time: 2:45 PM	L
Feb 7, 2023	Tue	Regular Season	@ Columbia High School	5:30 PM	6:55 PM	Columbia H.S.	Departure Point: GHS WEST TO FMS RIDE WITH MOD 9 Departure Time: 2:30 PM	L
Feb 9, 2023	Thu	Regular Season	@ Greenville	5:00 PM	8:30 PM	Greenville HS Gym	Departure Point: GHS WEST RIDE WITH VARSITY Departure Time: 3:30 PM	NL

Date: 2025-12-19