

Coaches:

- Scott LaMora, Head Coach
- Melanie Boomhower, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION .	LEAGU / NON- LEAGU
Sep 3, 2024	Tue	Scrimmage (Play Day)	Ballston Spa High School, Mechanicville, Schalmont @ Saratoga Springs High School	3:00 PM	6:45 PM	SSHS Turf Field		NL
Sep 5, 2024	Thu	Scrimmage	Schalmont	4:30 PM	5:55 PM	Soccer Girls V Field - Columbia H.S.		NL
Sep 7, 2024	Sat	Regular Season (NYSSCOGS HOF Tournament) 1-1 T	Sacred Heart Academy, Hempstead	10:05 AM	11:45 PM	Nicholas Budnowski Field - Columbia H.S.		NL
Sep 8, 2024	Sun	Regular Season (NYSSCOGS HOF Tournament) 5-0 W	Xaverian	10:05 AM	11:45 PM	Nicholas Budnowski Field - Columbia H.S.		NL
Sep 10, 2024	Tue	Regular Season 1-0 W	@ Shenendehowa High School	4:15 PM	5:55 PM	Shen Field 8		L
Sep 12, 2024	Thu	Regular Season 9-0 W	@ Schenectady High School	4:00 PM	5:30 PM	Larry Mulvaney Field		L
Sep 14, 2024	Sat	Regular Season 1-0 W	Saratoga Springs High School	11:00 AM	12:40 PM	Nicholas Budnowski Field - Columbia H.S.		L
Sep 17, 2024	Tue	Regular Season 5-0 W	@ Averill Park High School	4:15 PM	5:55 PM	APHS Varsity Soccer Field		L
Sep 24, 2024	Tue	Regular Season 2-0 W	Burnt Hills-Ballston Lake HS	7:00 PM	8:55 PM	Nicholas Budnowski Field - Columbia H.S.		L
Sep 26, 2024	Thu	Regular Season 2-1 W	@ Ballston Spa High School	4:15 PM	5:55 PM	Soccer/Lacrosse #2		L
Sep 28, 2024	Sat	Regular Season 3-1 W	Niskayuna High School	12:00 PM	1:40 PM	Nicholas Budnowski Field - Columbia H.S.		L
Oct 1, 2024	Tue	Regular Season 7-1 W	@ Colonie High School	4:15 PM	5:55 PM	Colonie HS Varsity Grass (Field #2)		L
Oct 7, 2024	Mon	Regular Season 3-0 W	Broadalbin-Perth	7:00 PM	8:55 PM	Nicholas Budnowski Field - Columbia H.S.		NL
Oct 8, 2024	Tue	Regular Season 6-0 W	Albany High School	7:00 PM	8:55 PM	Nicholas Budnowski Field - Columbia H.S.		L
Oct 10, 2024	Thu	Regular Season 2-0 W	Guilderland High School	7:00 PM	8:55 PM	Nicholas Budnowski Field - Columbia H.S.		L
Oct 12, 2024	Sat	Regular Season (Strongsville, Ohio) 1-1 T	TBD	11:00 AM	12:45 PM	Nicholas Budnowski Field - Columbia H.S.		NL
Oct 15, 2024	Tue	Regular Season 3-1 W	Bethlehem High School	7:00 PM	8:55 PM	Nicholas Budnowski Field - Columbia H.S.		L
Oct 17, 2024	Thu	Regular Season 2-1 W	@ Shaker High School	4:15 PM	5:55 PM	Shaker High School- Lower Maloy Field		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 26, 2024	Sat	Post-Season (Section 2 Class AA Quarterfinal) 1-0 W	Averill Park High School	5:00 PM	6:55 PM	Nicholas Budnowski Field - Columbia H.S.		NL
Oct 30, 2024	Wed	Post-Season (Section 2 Semi- Finals) 3-0 W	Ballston Spa High School	7:00 PM	8:55 PM	Arthur Walker Field- Shaker High School		NL
Nov 2, 2024	Sat	Post-Season (Section 2 Final - Class AA) 1-0 W	Niskayuna High School	6:00 PM	7:55 PM	Turf Field		NL
Nov 9, 2024	Sat	Post-Season (NYSPHSAA Class AA Regiona Final) 3-1 W	@ East Syracuse Minoa	12:00 PM		Nottingham Athletic Stadium		NL
Nov 16, 2024	Sat	Post-Season (NYSPHSAA Class AA State Semi-final) 2-0 W	@ Vestal	2:30 PM		Tompkins Cortland Comm Coll		NL
Nov 17, 2024	Sun	Post-Season (NYSPHSAA Class AA Finals) 1-2 L	Albertus Magnus	2:30 PM	4:00 PM	SUNY Cortland		NL

Date: 2025-12-05