

Coaches:

- Ashley Gansle, Head Coach
- Zach Yannone, Asst Coach
- Bridget Bennett, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 9, 2025	Wed	Regular Season	Albany High School @ Colonie High School	4:15 PM	6:55 PM	Colonie High Track		L
Apr 23, 2025	Wed	Regular Season	Burnt Hills-Ballston Lake HS, Niskayuna High School	4:15 PM		Columbia H.S.		L
Apr 29, 2025	Tue	Regular Season	Guilderland High School @ Averill Park High School	4:15 PM	6:55 PM	APHS Track		L
May 7, 2025	Wed	Regular Season	Ballston Spa High School, Bethlehem High School	4:15 PM	6:55 PM	Columbia H.S.		L
May 13, 2025	Tue	Regular Season	Saratoga Springs High School, Shaker High School @ Albany High School	4:15 PM	6:55 PM	Albany Turf Stadium Field		L
May 20, 2025	Tue	Meet (SSC Championships)	Vs. Multiple	3:30 PM	7:55 PM	APHS Track		NL

Date: 2025-12-18