

## Coaches:

- Ashley Gansle, Head Coach
- Zach Yannone, Asst Coach
- Scott LaMora, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 4, 2023	Tue	Regular Season 53-110 L	Saratoga Springs High School	4:15 PM		Columbia H.S.		L
Apr 19, 2023	Wed	Regular Season	Schenectady High School (Girls Varsity Track)	4:15 PM		Columbia H.S.		L
Apr 25, 2023	Tue	Regular Season	@ Averill Park High School	4:15 PM	6:55 PM	APHS Track		L
May 2, 2023	Tue	Regular Season	Burnt Hills-Ballston Lake HS @ Ballston Spa High School	4:15 PM	6:55 PM	Ballston Spa Track		L
May 9, 2023	Tue	Regular Season	Troy @ Albany High School	4:15 PM	6:55 PM	Albany Turf Stadium Field		L
May 17, 2023	Wed	Meet (SSC Championships)	Vs. Multiple	4:00 PM	7:55 PM	APHS Track		NL
May 18, 2023	Thu	Meet (SSC JV Championships)	Vs. Multiple	4:00 PM	7:55 PM	GHS Track		NL

Date: 2024-04-26