

Coaches:

- Ashley Gansle, Head Coach
- Zach Yannone, Asst Coach
- Scott LaMora, Asst Coach

DATE	WEE! DAY	⁽ ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 27, 2019	Wed	Regular Season	Shenendehowa High School	4:15 PM		TBD		L
Apr 2, 2019	Tue	Regular Season	Schenectady High School (Girls Varsity Track)	4:15 PM		TBD		L
Apr 10, 2019	Wed	Regular Season	@ Averill Park High School	4:15 PM		APHS Track		L
Apr 17, 2019	Wed	Regular Season	Burnt Hills-Ballston Lake HS @ Ballston Spa High School	4:15 PM		Ballston Spa Track		L
Apr 30, 2019	Tue	Regular Season	Troy, Albany High School	4:15 PM		TBD		L
May 15, 2019	Wed	Meet (SSC Championships)	Vs. Multiple	4:15 PM		BH-BL HS Track		NL
May 17, 2019	Fri	Meet (SSC JV Championships)	Vs. Multiple	4:15 PM		Saratoga Springs High School		NL
May 22, 2019	Wed	Post-Season (Group 1 Co-Ed Sectionals)	Shenendehowa High School, Schenectady High School (Girls Varsity Track), Albany High School, Saratoga Springs High School, Shaker High School, Bethlehem High School, Colonie High School, Niskayuna High School, Ballston Spa High School, Troy, Queensbury, Amsterdam @ Guilderland High School	PM	8:00 PM	GHS Track		NL

Date: 2024-05-19