

## Coaches:

- Noah Vice, Head Coach
- Christopher Hosley, Asst CoachJohn Rivera, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 1, 2023	Sat	Regular Season (FRIGID CUP INVY)	Averill Park High School, Ballston Spa High School, Bethlehem High School, Catholic Central, Troy, Christian Brothers Academy, Albany, Fair Haven, Ichabod Crane, Shaker High School @ Guilderland High School	10:00 AM	3:00 PM	GHS Track		NL
Apr 5, 2023	Wed	Regular Season	Saratoga Springs High School	4:15 PM		Columbia H.S.		L
Apr 19, 2023	Wed	Regular Season	Schenectady High School (Boys Varsity Track)	4:15 PM		Columbia H.S.		L
Apr 25, 2023	Tue	Regular Season	@ Averill Park High School	4:15 PM	6:55 PM	APHS Track		L
May 3, 2023	Wed	Regular Season	Burnt Hills-Ballston Lake HS @ Ballston Spa High School	4:15 PM	6:55 PM	Ballston Spa Track		L
May 9, 2023	Tue	Regular Season	Troy @ Albany High School	4:15 PM	6:55 PM	Albany Turf Stadium Field		L
May 16, 2023	Tue	Meet (SSC Championships)	Vs. Multiple	4:00 PM	7:55 PM	Saratoga Springs High School		NL
May 18, 2023	Thu	Meet (SSC JV Championships (Troy HS))	Vs. Multiple	4:00 PM	7:55 PM	Track		NL

Date: 2024-04-26