



Columbia High School

(B) MOD9 Cross Country

Coaches:

- Ashley Gansle, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 17, 2025	Wed	Regular Season	Guilderland High School @ Niskayuna High School (Modified)	4:30 PM	6:10 PM	Iroquois Middle School		L
Sep 24, 2025	Wed	Regular Season	Ballston Spa High School, Albany High School, Schenectady High School (Modified)	4:30 PM	6:10 PM	Cross Country B&G - Schodack Island State Park		L
Oct 8, 2025	Wed	Regular Season	Burnt Hills-Ballston Lake HS, Bethlehem High School @ Colonie High School	4:30 PM	6:10 PM	Colonie Town Park		L
Oct 15, 2025	Wed	Regular Season	Shenendehowa High School, Saratoga Springs High School @ Christian Brothers Academy, Albany	4:30 PM	6:10 PM	CBA, Albany		L
Oct 22, 2025	Wed	Regular Season	Averill Park High School @ Shaker High School	4:30 PM	6:10 PM	Colonie Mohawk River Town Park		L
Oct 25, 2025	Sat	Meet (SSC Championships)	Vs. Multiple	9:00 AM	11:25 AM	Saratoga Spa State Park		NL

Date: 2025-12-24