



# Columbia High School

## (B) MOD9 Cross Country

### Coaches:

- Jaime Sheehy, Head Coach

| DATE         | WEEK DAY | TYPE           | OPPONENTS  | START TIME | END TIME | LOCATION                                       | TRANSPORTATION / NON-LEAGUE | LEAGUE |
|--------------|----------|----------------|--|------------|----------|--|-----------------------------|--------|
| Sep 27, 2023 | Wed      | Regular Season | Ballston Spa High School, Guilderland High School              | 4:30 PM    | 6:10 PM  | Columbia H.S.                                  |                             | L      |
| Oct 3, 2023  | Tue      | Regular Season | Niskayuna High School (Modified), Saratoga Springs High School | 4:30 PM    | 6:10 PM  | Cross Country B&G - Schodack Island State Park |                             | L      |

Date: 2024-05-03