



# Columbia High School

## (B) MOD9 Cross Country

### Coaches:

- Jaime Sheehy, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 13, 2023	Wed	Regular Season	Shenendehowa High School, Schenectady High School (Modified) @ Colonie High School	4:30 PM	6:10 PM	Sand Creek MS Track		L
Sep 20, 2023	Wed	Regular Season	Burnt Hills-Ballston Lake HS, Albany High School @ Shaker High School	4:30 PM	6:10 PM	Colonie Mohawk River Town Park		L
Oct 11, 2023	Wed	Regular Season	Averill Park High School, Christian Brothers Academy, Albany @ Bethlehem High School	4:30 PM	6:10 PM	Elm Avenue Park		L
Oct 28, 2023	Sat	Meet (SSC Championships)	Vs. Multiple	9:00 AM	11:55 AM	Saratoga Spa State Park		NL

Date: 2024-05-04