



Columbia High School

(B) V Cross Country

Coaches:

- John Rivera, Head Coach
- Tara Smades, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 14, 2020	Wed	Regular Season	Averill Park High School	4:00 PM	5:40 PM	Schodack Island State Park		L
Oct 21, 2020	Wed	Regular Season	Schenectady High School	4:00 PM	5:40 PM	Schodack Island State Park		L
Oct 21, 2020	Wed	Regular Season 15-50 W	@ Albany High School	5:30 PM	6:30 PM	Schodack Island State Park		L
Oct 24, 2020	Sat	Regular Season	Troy @ Christian Brothers Academy, Albany	9:00 AM	10:40 AM	CBA Track		L
Oct 28, 2020	Wed	Regular Season	@ Guilderland High School	4:00 PM	6:15 PM	Tawasentha Park		L
Nov 7, 2020	Sat	Regular Season 18-42 W	@ Colonie High School	9:00 AM	10:40 AM	The Crossings of Colonie		L
Nov 14, 2020	Sat	Regular Season	Ballston Spa High School	9:00 AM	11:40 AM	Schodack Island State Park		L
Nov 21, 2020	Sat	Meet (SSC Championships)	Vs. Multiple	8:00 AM	4:00 PM	Saratoga Spa State Park		NL

Date: 2026-01-28