



# Columbia High School

## (B) V Cross Country

### Coaches:

- John Rivera, Head Coach
- Tara Smades, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2019	Tue	Regular Season	Albany High School, Colonie High School, Shaker High School	4:15 PM	5:55 PM	Cross Country B&G - Schodack Island State Park		L
Sep 17, 2019	Tue	Regular Season	Schenectady High School, Troy @ Averill Park High School	4:15 PM	5:55 PM	Schodack Island State Park		L
Sep 21, 2019	Sat	Regular Season (Tartan Invitational)	Rensselaer, Gloversville, Berne-Knox-Westerlo @ Scotia-Glenville	9:00 AM	10:30 AM	Indian Meadows		NL
Sep 24, 2019	Tue	Regular Season	Saratoga Springs High School, Bethlehem High School @ Burnt Hills-Ballston Lake HS	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Oct 2, 2019	Wed	Regular Season	Christian Brothers Academy, Albany, Shenendehowa High School @ Guilderland High School	4:15 PM	5:55 PM	Tawasentha Park		L
Oct 12, 2019	Sat	Regular Season (Maple Hill High School Kiwanis Glover Cross Country Invitational)	Rensselaer, Catskill, Taconic Hills, Ravena-Coeymans, Gloversville, Ichabod Crane, Albany High School @ Maple Hill	10:30 AM		MHHS Cross Country Course		NL
Oct 15, 2019	Tue	Regular Season	Ballston Spa High School, Niskayuna High School	4:15 PM	5:55 PM	Cross Country B&G - Schodack Island State Park		L
Oct 26, 2019	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park		NL

Date: 2026-01-20