



Columbia High School

(B) V Cross Country

Coaches:

- John Rivera, Head Coach
- Tara Smades, Asst Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|--------------------------|---|------------|----------|--|----------------|---------------------|
| Sep 11, 2018 | Tue | Regular Season | Shaker High School, Albany High School @ Saratoga Springs High School | 4:15 PM | | Saratoga Spa State Park | | L |
| Sep 18, 2018 | Tue | Regular Season | Schenectady High School @ Ballston Spa High School | 4:15 PM | | Saratoga State Park | | L |
| Oct 3, 2018 | Wed | Regular Season | Colonie High School, Burnt Hills-Ballston Lake HS @ Guilderland High School | 4:15 PM | | Tawasentha Park | | L |
| Oct 9, 2018 | Tue | Regular Season | Christian Brothers Academy, Albany, Troy @ Niskayuna High School | 4:15 PM | | Iroquois Middle School | | L |
| Oct 16, 2018 | Tue | Regular Season | Shenendehowa High School, Bethlehem High School, Averill Park High School | 4:00 PM | | Cross Country B&G - Schodack Island State Park | | L |
| POSTPONED Oct 27, 2018 | Sat | Meet (SSC Championships) | Vs. Multiple | 1:30 PM | | Saratoga Spa State Park | | NL |

Date: 2026-01-23