

Coaches:

- John Rivera, Head Coach
- Tara Smades, Asst Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|-------------------|---|---------------|-------------|--|----------------|----------------------------|
| Oct 3, 2023 | Tue | Regular Season | Niskayuna High School, Saratoga Springs High School, Troy | 4:15 PM | 5:55 PM | Cross Country B&G - Schodack Island State Park | | L, |
| Oct 17, 2023 | Tue | Regular Season | Ballston Spa High School, Guilderland High School | 4:15 PM | 6:15 PM | Cross Country B&G - Schodack Island State Park | | L |

Date: 2024-05-04