



# Columbia High School

## (G) V Cross Country

### Coaches:

- Zachary Yannone, Head Coach
- Courtney Brewer, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 2, 2025	Tue	Regular Season	Shenendehowa High School @ Saratoga Springs High School	4:15 PM	5:55 PM	CBA, Albany		L
Sep 9, 2025	Tue	Regular Season	Ballston Spa High School, Albany High School, Schenectady High School	4:15 PM	5:55 PM	Cross Country B&G - Schodack Island State Park		L
Sep 16, 2025	Tue	Regular Season	Guilderland High School @ Niskayuna High School	4:15 PM	5:55 PM	Iroquois Middle School		L
Sep 30, 2025	Tue	Regular Season	Averill Park High School @ Shaker High School	4:15 PM	5:55 PM	Colonie Mohawk River Town Park		L
Oct 7, 2025	Tue	Regular Season	Burnt Hills-Ballston Lake HS, Bethlehem High School @ Colonie High School	4:15 PM	5:55 PM	Colonie Town Park		L
Oct 25, 2025	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:25 PM	Saratoga Spa State Park		NL

Date: 2025-12-05