Columbia High School
(G) V Cross Country

Coaches:

- Ashley Gansle, Head Coach
- Zachary Yannone, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 12, 2023	Tue	Regular Season	Shenendehowa High School, Schenectady High School @ Colonie High School	4:15 PM	5:55 PM	Colonie Town Park		L
Sep 19, 2023	Tue	Regular Season	Burnt Hills-Ballston Lake HS, Albany High School @ Shaker High School	4:15 PM	5:55 PM	Colonie Town Park		L
Oct 3, 2023	Tue	Regular Season	Niskayuna High School, Saratoga Springs High School, Troy	4:15 PM	5:55 PM	Cross Country B&G - Schodack Island State Park		L
Oct 10, 2023	Tue	Regular Season	Averill Park High School @ Bethlehem High School	4:15 PM	5:55 PM	Elm Avenue Park		L
Oct 17, 2023	Tue	Regular Season	Ballston Spa High School, Guilderland High School	4:15 PM	6:15 PM	Cross Country B&G - Schodack Island State Park		L
Oct 28, 2023	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:55 PM	Saratoga Spa State Park		NL

Date: 2024-10-12